Fruits of the forest cream

Ingredients
200 ml  Fresubin® Protein Energy DRINK Wild Strawberry
40 g  sugar
50 ml water
4 ripe pears
flakes of butter
250 g fresh strawberries
20 g brown sugar

Preparation
Mix 300 ml milk with Fresubin® Protein Energy DRINK Wild Strawberry. Stir in pudding powder and mix with a mixer for 3 minutes (highest level).

Add 200 g of suitable fruits/berries.

Pour into dessert glasses and decorate with chocolate and fruits.

TIP:
Purée fruits and pour over the dessert.

Nutritional information per serving:
Energy ........... 256 kcal
Protein ............ 8.2 g
Fat ................. 7.0 g
Carbohydrate .... 38.0 g
Fibre ............... 2.3 g

Alternative products:
Fresubin® Original DRINK
Fresubin® Energy/Fibre DRINK
Fresubin® Protein Energy DRINK
Fribini® Energy DRINK