

Rice pudding

Sweet

level 

 2

 20 min



Ingredients

200 ml	Fresubin 2 kcal Fibre DRINK Neutral or Vanilla
25 g	basmati rice
2 table- spoons	vanilla sugar
1	egg yolk
	orange zest

Nutritional information per serving:

Energy	343 kcal
Protein	12.6 g
Fat	11.0 g
Carbohydrate	46.0 g
Fibre	1.5 g



Alternative products:

Fresubin[®] 2 kcal DRINK
Fresubin[®] Energy DRINK

Preparation

Rinse the rice in cold water. Pour some water in a pot and bring it to the boil.

Add the rice and cook it for 10 minutes. Drain the rice and cook it together with the Fresubin 2 kcal Fibre DRINK Neutral or Vanilla for 2 minutes. Add the egg yolk, the vanilla sugar and stir it.

Sprinkle with orange zest and serve immediately.

TIP:

Sprinkle some cinnamon on the rice pudding.