

# Scrambled eggs

Savoury

level 

 1

 5 min



## Ingredients

100 ml Fresubin Energy DRINK  
Neutral  
2 eggs  
knob of butter  
or margarine  
salt and pepper

## Nutritional information per serving:

Energy ..... 314 kcal  
Protein ..... 19.8 g  
Fat ..... 17.0 g  
Carbohydrate ..... 21.0 g  
Fibre ..... 0.0 g



## Alternative products:

Fresubin® 2 kcal/Fibre DRINK

## Preparation

Beat together the eggs, Fresubin Energy DRINK Neutral and seasonings. Melt the fat in a saucepan.

Add the egg mixture and cook until soft and creamy, stirring occasionally.

### TIP:

Add grated cheese.