



**FRESENIUS
KABI**

caring for life



Fresubin[®] Original DRINK

Proven & experienced

1 kcal/mL oral nutritional supplement for the dietary management of patients with or at risk of malnutrition

With high quality protein for a balanced amino acid provision¹

With all micro- and macronutrients for complete nutrition

Fibre free for patients who cannot tolerate fibre*

With a variety of flavours to support better compliance²

*except chocolate flavour

For Health Care Professionals only.

Fresubin

Original DRINK

Available in two delicious flavours
in 200 mL EasyBottle



Nutritional Information

Average content		100 mL	bottle = 200 mL
Energy value			
	kJ (kcal)	420 (100)	840 (200)
Fat (30% Energy)	g	3.4	6.8
of which saturated fatty acids	g	0.3	0.6
of which monounsaturated fatty acids	g	2.2	4.4
of which polyunsaturated fatty acids	g	0.9	1.8
Carbohydrate (55% Energy)	g	13.8/13.6 ^a	27.6/27.2 ^a
of which sugars	g	3.5/4.9 ^a	7/9.8 ^a
of which lactose	g	≤ 0.03	≤ 0.06
Fibre	g	0/0.35 ^a	0/0.7 ^a
Protein (15% Energy)	g	3.8	7.6
Salt (Na x 2.5)	g	0.19	0.38
Water	mL	84	168
Lactose Content	g	≤ 0.01	≤ 0.02
Gluten Content	ppm	≤ 5	≤ 5
Osmolarity	mosmol/l	330	330
Osmolality	mosmol/kg H ₂ O	380	380
Minerals and trace elements			
Sodium	mg	75	150
Potassium	mg	125	250
Chloride	mg	85	170
Calcium	mg	60	120
Magnesium	mg	20	40
Phosphorus	mg	47	94
Iron	mg	2.0	4.0
Zinc	mg	1.5	3.0
Copper	µg	300	600
Manganese	mg	0.4	0.8
Iodine	µg	30	60
Fluoride	mg	0.2	0.4
Chromium	µg	10	20
Molybdenum	µg	15	30
Selenium	µg	10	20
Vitamins and other nutrients^a			
Vitamin A	µg RE ^o	170	340
of which β-Carotene	µg RE ^o	50	100
Vitamin D ₃	µg	2.0	4.0
Vitamin E	mg α-TE ^{oo}	3.0	6.0
Vitamin K ₁	µg	16.7	33.4
Vitamin B ₁	mg	0.23	0.46
Vitamin B ₂	mg	0.32	0.64
Niacin	mg/mg NE ^{ooo}	1.10/1.73	2.20/3.46
Vitamin B ₆	mg	0.33	0.66
Vitamin B ₁₂	µg	0.6	1.2
Pantothenic acid	mg	1.2	2.4
Biotin	µg	7.5	15
Folic acid	µg	50	100
Vitamin C	mg	15	30
Choline ^t	mg	20	40

a) Chocolate Flavour ^oRE: retinol equivalents;
^{oo}α-TE: alpha-tocopherol equivalents; ^{ooo}NE: niacin equivalents

Prescribing information

Food for special medical purposes:

Nutritionally complete 1 kcal/mL oral nutritional supplement, fibre free^{**}. Low in lactose and gluten. For the dietary management of patients with or at risk of disease related malnutrition.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 2-3 bottles (400-600 kcal) / day or complete nutrition 7-8 bottles (1400-1600 kcal) / day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for infants < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

Not for parenteral (I.V.) use!

Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

Contraindications:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin Original DRINK.

^{**}contains traces of fibre from cocoa in flavour Chocolate

Ingredients

Fresubin Original Chocolate flavour: Water, maltodextrin, sucrose, milk protein, vegetable oils (rapeseed oil, sunflower oil), chocolate powder (cocoa powder, sucrose, sodium chloride, flavourings), soya protein, emulsifiers (soya lecithin, E 471), sodium citrate, potassium chloride, magnesium chloride, acidity regulators (E 170, E 501), choline hydrogen tartrate, stabiliser (E 415), vit. C, calcium phosphate, calcium lactate, flavouring, iron sulphate, zinc sulphate, magnesium oxide, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, chromium chloride, biotin, vit. D₃, vit. B₁₂.

Allergen Information: This product contains milk and soy.

Fresubin Original Vanilla flavour: Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, soya protein, flavouring, sodium citrate, potassium chloride, emulsifiers (soya lecithin, E 471), dipotassium hydrogen phosphate, Magnesium citrate, choline hydrogen tartrate, vit. C, acidity regulators (E 332, E330), stabiliser (E 415), magnesium oxide, iron sulphate, zinc sulphate, calcium phosphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Allergen Information: This product contains milk and soy.

Flavours

Vanilla, Chocolate

References

- 1) World Health Organization. Protein and amino acid requirements in human nutrition. WHO technical report series 2007; 935.
- 2) Hubbard GP, Elia M, Holdoway A, Stratton RJ: A systematic review of compliance to oral nutritional supplements. Clin Nutr 2012, 31:293-312.



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