Supportan DRINK

Quality of Life support in oncology

1.5 kcal/mL, high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular those with cancer, chronic catabolic disease or cachexia

- 27% energy protein to compensate for an increased protein turnover and counteract loss of muscle mass
- High in fat (40% energy), low in carbohydrates (31% energy) adapted to the specific metabolic changes in cancer patients
- High in eicosapentaenoic acid (EPA) from fish oil to counteract weight and muscle loss and support immune function

For Health Care Professionals only.
Available in two delicious flavours in 200 mL EasyBottle

Nutritional Information

<table>
<thead>
<tr>
<th>Average content</th>
<th>100 mL</th>
<th>bottle = 200 mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Energy value</td>
<td>kJ (kcal)</td>
<td>kJ (kcal)</td>
</tr>
<tr>
<td></td>
<td>630 (150)</td>
<td>1260 (300)</td>
</tr>
<tr>
<td>Fat (40% Energy)</td>
<td>g</td>
<td>6.7</td>
</tr>
<tr>
<td>of which saturated fatty acids</td>
<td>2.8</td>
<td>5.6</td>
</tr>
<tr>
<td>of which medium chain triglycerides</td>
<td>1.6</td>
<td>3.2</td>
</tr>
<tr>
<td>of which monounsaturated fatty acids</td>
<td>1.6</td>
<td>3.2</td>
</tr>
<tr>
<td>of which polyunsaturated fatty acids</td>
<td>2.3</td>
<td>4.6</td>
</tr>
<tr>
<td>of which eicosapentaenoic acid</td>
<td>0.5</td>
<td>1.0</td>
</tr>
<tr>
<td>of which docosahexaenoic acid</td>
<td>0.21</td>
<td>0.42</td>
</tr>
<tr>
<td>Carbohydrate (31% Energy)</td>
<td>g</td>
<td>11.6</td>
</tr>
<tr>
<td>of which sugars</td>
<td>mg</td>
<td>7.0/6.5°</td>
</tr>
<tr>
<td>of which lactose</td>
<td>mg</td>
<td>≤0.5</td>
</tr>
<tr>
<td>Fibre (2% Energy)</td>
<td>g</td>
<td>1.5</td>
</tr>
<tr>
<td>Protein (27% Energy)</td>
<td>g</td>
<td>10.0</td>
</tr>
<tr>
<td>Salt (Na x 2.5)</td>
<td>mg</td>
<td>0.12</td>
</tr>
<tr>
<td>Water</td>
<td>mL</td>
<td>76</td>
</tr>
<tr>
<td>Lactose Content</td>
<td>ppm</td>
<td>≤0.5</td>
</tr>
<tr>
<td>Glutens</td>
<td>ppm</td>
<td>≤0.5</td>
</tr>
<tr>
<td>Osmolality</td>
<td>mosmol/l</td>
<td>435/380°</td>
</tr>
<tr>
<td>Osmolality</td>
<td></td>
<td>575/500°</td>
</tr>
</tbody>
</table>

Minerals and trace elements

- Sodium: mg 47.5
- Potassium: mg 128
- Chloride: mg 50
- Calcium: mg 203
- Magnesium: mg 26
- Phosphorus: mg 120
- Iron: mg 2.5
- Zinc: mg 2.0
- Copper: µg 375
- Manganese: µg 0.5
- Iodine: µg 37.5
- Fluoride: µg 0.25
- Chromium: µg 12.5
- Molybdenum: µg 18.8
- Selenium: µg 13.5

Vitamins and other nutrients

- Vitamin A: µg RE° 213
- Vitamin D3: µg RE° 63
- Vitamin E: mg α-TE** 3.75
- Vitamin K1: µg 21
- Vitamin B1: mg 0.3
- Vitamin B2: mg 0.4
- Niacin: mg/mg NE*** 1.50/3.17
- Vitamin B6: mg 0.43
- Vitamin B12: µg 0.75
- Pantothenic acid: mg 1.5
- Biotin: µg 9.4
- Folic acid: µg 62.5
- Vitamin C: mg 18.8
- Choline**: mg 2.4
- Caffeine**: mg 0.34

Flavours

- Cappuccino
- Pineapple-Coconut

References

2) Sanchez-Lara K et al. J Nutr 2010;140:1774-1780
3) Van der Meij BS et al. J Nutr 2010;140:1774-1780

Food for special medical purposes:

Nutritionally complete high-caloric (1.5 kcal/mL) disease specific oral nutritional supplement with fibre, high in protein (27% energy), high in eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) from fish oil, high in fat, with medium chain triglycerides (MCT). Low in lactose and gluten. Only for Cappuccino variety. Contains traces of caffeine (0.34 mg/100 mL).

Dosage:

To be determined by a health care professional according to patients’ needs. Recommendation for supplementary 2 bottles (600 kcal) / day or complete nutrition ≤ 5 bottles (1500 kcal) / day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition.

Contraindications:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption.

Not suitable for patients with congenital inability to metabolise nutrients contained in Supportan DRINK.

Allergen Information: This product contains milk, fish oil, soy and wheat.

Ingredients

Water, milk protein, sucrose; maltodextrin; fish oil (with soya lecithin); vegetable oils (sunflower oil, safflower oil), medium chain triglycerides (MCT), fructooligosaccharides (FOS, inulin), emulsifiers (E 471, soya lecithin), potassium citrate, sodium chloride, sodium citrate, citric acid, iron pyrophosphate, magnesium citrate, niacin, zinc sulphate, vitamin E, pantothenic acid, magnesium chloride, copper sulphate, vitamin B1, B2, B3, B6, B9, B12, sodium fluoride, B1, B3, B5, a-carotene, vitamin A, folic acid, sodium molybdate, potassium iodide, chromium chloride, sodium selenite, vitamin K1, biotin, vitamin D3, vitamin D2.

Prescribing information