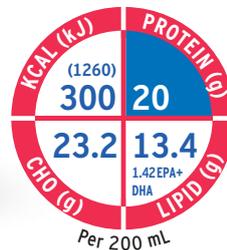




**FRESENIUS  
KABI**

caring for life



# Supportan DRINK

## Quality of Life support in oncology

1.5 kcal/mL, high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular those with cancer, chronic catabolic disease or cachexia

27% energy protein to compensate for an increased protein turnover and counteract loss of muscle mass<sup>1</sup>

High in fat (40% energy), low in carbohydrates (31% energy) adapted to the specific metabolic changes in cancer patients<sup>1</sup>

High in eicosapentaenoic acid (EPA) from fish oil to counteract weight and muscle loss<sup>2-4</sup> and support immune function<sup>2,5</sup>

# Supportan DRINK

Available in two delicious flavours  
in 200 mL EasyBottle



## Nutritional Information

Average content		100 mL	bottle = 200 mL
<b>Energy value</b>	kJ (kcal)	630 (150)	1260 (300)
<b>Fat (40% Energy)</b>	g	6.7	13.4
of which saturated fatty acids	g	2.8	5.6
of which medium chain triglycerides	g	1.6	3.2
of which monounsaturated fatty acids	g	1.6	3.2
of which polyunsaturated fatty acids	g	2.3	4.6
of which eicosapentaenoic acid	g	0.5	1.0
of which docosahexaenoic acid	g	0.21	0.42
<b>Carbohydrate (31% Energy)</b>	g	11.6	23.2
of which sugars	g	7.0 <sup>a</sup> /6.5 <sup>b</sup>	14 <sup>a</sup> /13 <sup>b</sup>
of which lactose	g	≤ 0.5	≤ 1.0
<b>Fibre (2% Energy)</b>	g	1.5	3.0
<b>Protein (27% Energy)</b>	g	10	20
<b>Salt (Na x 2.5)</b>	g	0.12	0.24
<b>Water</b>	mL	76	152
<b>Lactose Content</b>	g	≤ 0.5	≤ 1.0
<b>Gluten Content</b>	ppm	≤ 5	≤ 5
<b>Osmolarity</b>	mosmol/l	435 <sup>a</sup> /380 <sup>b</sup>	
<b>Osmolality</b>	mosmol/kg H <sub>2</sub> O	575 <sup>a</sup> /500 <sup>b</sup>	
<b>Minerals and trace elements</b>			
Sodium	mg	47.5	95
Potassium	mg	128	256
Chloride	mg	50	100
Calcium	mg	203	406
Magnesium	mg	26	54
Phosphorus	mg	120	240
Iron	mg	2.5	5.0
Zinc	mg	2.0	4.0
Copper	µg	375	750
Manganese	mg	0.5	1.0
Iodine	µg	37.5	75
Fluoride	mg	0.25	0.50
Chromium	µg	12.5	25.0
Molybdenum	µg	18.8	37.6
Selenium	µg	13.5	27.0
<b>Vitamins and other nutrients<sup>1</sup></b>			
Vitamin A	µg RE <sup>o</sup>	213	426
of which β-Carotene	µg RE <sup>o</sup>	63	126
Vitamin D <sub>3</sub>	µg	2.5	5.0
Vitamin E	mg α-TE <sup>oo</sup>	3.75	7.5
Vitamin K <sub>1</sub>	µg	21	42
Vitamin B <sub>1</sub>	mg	0.3	0.6
Vitamin B <sub>2</sub>	mg	0.4	0.8
Niacin	mg/mg NE <sup>ooo</sup>	1.50/3.17	3.0/6.34
Vitamin B <sub>6</sub>	mg	0.43	0.86
Vitamin B <sub>12</sub>	µg	0.75	1.5
Pantothenic acid	mg	1.5	3.0
Biotin	µg	9.4	18.8
Folic acid	µg	62.5	125.0
Vitamin C	mg	18.8	37.6
Choline <sup>e</sup>	mg	2.5	5.0
Caffeine <sup>fa</sup>	mg	0.34	0.68

a) Cappuccino Flavour b) Pineapple-Coconut Flavour  
<sup>o</sup>RE: retinol equivalents; <sup>oo</sup>α-TE: alpha-tocopherol equivalents;  
<sup>ooo</sup>NE: niacin equivalents

## Prescribing information

### Food for special medical purposes:

Nutritionally complete high-caloric (1.5 kcal/mL) disease specific oral nutritional supplement with fibre; high in protein (27% energy), high in eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) from fish oil, high in fat, with medium chain triglycerides (MCT). Low in lactose and gluten. Only for Cappuccino variety: Contains traces of caffeine (0.34 mg/100 mL).

For the dietary management of patients with or at risk of disease related malnutrition in particular with cancer, chronic catabolic diseases and/or cachexia.

### Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary 2 bottles (600 kcal) / day or complete nutrition ≤ 5 bottles (1500 kcal) / day.

### Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. If used for complete nutrition, consider high fish oil and protein levels. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

### Not for parenteral (I.V.) use!

### Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

### Contraindications:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Supportan DRINK.

## Ingredients

Water, milk protein, sucrose, maltodextrin, fish oil (with soya lecithin), vegetable oils (safflower oil, sunflower oil), medium chain triglycerides (MCT), inulin (from chicory), flavouring, wheat dextrin, emulsifiers (E 471, soya lecithin), potassium citrate, sodium chloride, sodium citrate, vit. C, magnesium oxide, iron pyrophosphate, magnesium citrate, niacin, zinc sulphate, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, sodium molybdate, potassium iodide, chromium chloride, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

**Allergen Information: This product contains milk, fish oil, soy and wheat.**

<sup>1</sup> Position depending on flavour

## Flavours

Cappuccino, Pineapple-Coconut

## References

- 1) Arends J et al. ESPEN guidelines on nutrition in cancer patients. Clin Nutr 2016; DOI: <http://dx.doi.org/10.1016/j.clnu.2016.07.015>
- 2) Sanchez-Lara K et al. Clin Nutr 2014;33:1017-1023
- 3) Van der Meij BS et al. J Nutr 2010;140:1774-1780
- 4) Murphy RA et al. Cancer 2011; 117: 1775-1782
- 5) Silva Jde A et al. Nutr Cancer 2012;64:267-273



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