Diben DRINK

For better glycaemic control

1.5 kcal/mL, high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition with impaired glucose metabolism such as impaired glucose tolerance, stress-induced hyperglycaemia, diabetes mellitus

With clinical evidence from multicentre trial demonstrating improved long-term glycaemic control, minimized blood glucose fluctuations and reduced insulin requirements

High in energy (150 kcal/100 mL)
High in protein (7.5 g/100 mL)
Modified carbohydrate profile with low glycaemic index for improved glycaemic control with fibre
Balanced fat profile: high in monounsaturated fatty acids (MUFA) to improve glycaemic control and insulin sensitivity, with fish oil for cardiovascular protection
Low in sodium and cholesterol in line with Diabetes guidelines

For Health Care Professionals only.
Nutritional Information

<table>
<thead>
<tr>
<th>Average content</th>
<th>100mL</th>
<th>bottle = 200 mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Energy value</td>
<td>kJ</td>
<td>kcal</td>
</tr>
<tr>
<td>Fat (42% Energy)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>of which saturated fatty acids</td>
<td>g</td>
<td>7.0</td>
</tr>
<tr>
<td>of which medium chain triglycerides</td>
<td>g</td>
<td>1.7</td>
</tr>
<tr>
<td>of which monounsaturated fatty acids</td>
<td>g</td>
<td>1.2</td>
</tr>
<tr>
<td>of which polyunsaturated fatty acids</td>
<td>g</td>
<td>3.8</td>
</tr>
<tr>
<td>of which EPA* + DHA**</td>
<td>g</td>
<td>1.5</td>
</tr>
<tr>
<td>of which cholesterol</td>
<td>mg</td>
<td>≤ 6</td>
</tr>
<tr>
<td>Carbohydrate (35% Energy)</td>
<td>g</td>
<td>13.1</td>
</tr>
<tr>
<td>of which starch</td>
<td>g</td>
<td>5.3</td>
</tr>
<tr>
<td>of which sugars</td>
<td>g</td>
<td>2.5</td>
</tr>
<tr>
<td>of which fructose</td>
<td>g</td>
<td>1.9</td>
</tr>
<tr>
<td>of which lactose</td>
<td>g</td>
<td>≤ 0.5</td>
</tr>
<tr>
<td>Protein (20% Energy)</td>
<td>g</td>
<td>7.5</td>
</tr>
<tr>
<td>Water</td>
<td>mL</td>
<td>79</td>
</tr>
<tr>
<td>Lactose Content</td>
<td>g</td>
<td>≤ 0.5</td>
</tr>
<tr>
<td>Gluten Content</td>
<td>ppm</td>
<td>≤ 5</td>
</tr>
<tr>
<td>Osmolarity</td>
<td>mosmol/l</td>
<td>350</td>
</tr>
<tr>
<td>Osmolality</td>
<td>mosmol/kg H2O</td>
<td>440</td>
</tr>
</tbody>
</table>

Minerals and trace elements

- Sodium | mg | 65 | 130 |
- Potassium | mg | 130 | 260 |
- Chloride | mg | 55 | 110 |
- Calcium | mg | 150 | 300 |
- Magnesium | mg | 15 | 30 |
- Phosphorus | mg | 95 | 190 |
- Zinc | mg | 2.0 | 4.0 |
- Copper | µg | 300 | 600 |
- Manganese | mg | 0.4 | 0.8 |
- Iodine | µg | 30 | 60 |
- Fluoride | mg | 0.2 | 0.4 |
- Chromium | µg | 10 | 20 |
- Molybdenum | µg | 15 | 30 |
- Selenium | µg | 10 | 20 |

Vitamins and other nutrients¹

- Vitamin A | µg RE* | 170 | 340 |
  - of which β-Carotene | µg RE* | 50 | 100 |
- Vitamin D₃ | µg | 2.0 | 4.0 |
- Vitamin E | mg or TE** | 3.0 | 6.0 |
- Vitamin K₁ | µg | 16.7 | 33.4 |
- Vitamin B₁₂ | µg | 0.23 | 0.46 |
- Vitamin B₆ | mg | 0.32 | 0.64 |
- Niacin | mg/mg NE*** | 1.5/2.75 | 3.5/5.5 |
- Vitamin B₃ | mg | 0.33 | 0.66 |
- Vitamin B₉ | µg | 0.6 | 1.2 |
- Pantothenic acid | µg | 1.2 | 2.4 |
- Biotin | µg | 7.5 | 15.0 |
- Folic acid | µg | 50 | 100 |
- Vitamin C | mg | 15 | 30 |
- Choline* | mg | 26.7 | 53.4 |

¹RE: retinol equivalents; **TE: alpha-tocopherol equivalents; ***NE: niacin equivalents; *monounsaturated fatty acids; **eicosapentaenoic acid; ***docosahexaenoic acid

Prescribing information

**Food for special medical purposes:**
Nutritionally complete, high-caloric (1.5 kcal/mL), high protein oral nutritional supplement, with fibre. High in monounsaturated fatty acids, modified carbohydrate profile with low glycemic index for improved glycemic control. Low in lactose and gluten, low in sodium and cholesterol with sugar and sweeteners. For the diabetes management of patients with or at risk of malnutrition in particular for patients with impaired glucose metabolism or dysphagia.

**Dosage:**
Must be determined by the health care professional according to patients' needs. Recommendation for supplementary nutrition 2-3 bottles (600–900 kcal) / day, for complete nutrition 5 bottles (1500 kcal) / day.

**Important notes:**
To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for patients <14 years. Use with caution in children <6 years. Not suitable for patients with palatoschalasia. Ensure adequate fluid intake.

**Not for parenteral (I.V.) use!**

**Instructions for use:**
Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

**Contraindications:**
Not suitable where enteral nutrition is not permitted such as in acute gastrointestinal bleeding, gut atonia, ileus and others. Not suitable for patients with severe form of malnutrition. Not suitable for patients with congenital inability to metabolise nutrients contained in Diben DRINK.

**Ingredients**
Water, milk protein, modified starch, maltodextrin*, vegetable oils (rapeseed oil, sunflower oil*), fructose, medium chain triglycerides (MCT), flavourings, potassium citrate, fish oil, emulsifiers (soya lecithin, E471), sodium chloride, choline hydrogen tartrate, vitamin C, acetylated monoglycerides (E471), emulsifiers, sweeteners (E954, E952), magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, vitamin E, pantothenic acid, niacin, vitamin B₆, vitamin B₁₂, folic acid, pantothenic acid, vitamin K₁, biotin, vitamin D₃, vitamin B₁₂. Allergen Information: This product contains milk, fish oil, and soy. °amount / position depending on flavour.

**References**

Diben DRINK is available in vanilla flavour in 200 mL EasyBottle.