



Diben DRINK

For better glycaemic control

1.5 kcal/mL, high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition with impaired glucose metabolism such as impaired glucose tolerance, stress-induced hyperglycaemia, diabetes mellitus

With clinical evidence from multicentre trial demonstrating improved long-term glycaemic control, minimized blood glucose fluctuations and reduced insulin requirements^{1,2}

High in energy (150 kcal/ 100mL)

High in protein (7.5 g/ 100mL)

Modified carbohydrate profile with low glycaemic index for improved glycaemic control^{3,4}, with fibre

Balanced fat profile: high in monounsaturated fatty acids (MUFA) to improve glycaemic control⁵⁻⁷ and insulin sensitivity⁸⁻¹⁰, with fish oil for cardiovascular protection¹¹⁻¹³

Low in sodium and cholesterol in line with Diabetes guidelines^{14,15}

Diben DRINK

Available in vanilla flavour
in 200 mL EasyBottle



Nutritional Information

Average content		100mL	bottle = 200 mL
Energy value		630	1260
		(150)	(300)
Fat (42% Energy)	g	7.0	14.0
of which saturated fatty acids	g	1.7	3.4
of which medium chain triglycerides	g	1.2	2.4
of which monounsaturated fatty acids	g	3.8	7.6
of which polyunsaturated fatty acids	g	1.5	3.0
of which EPA* + DHA**	g	0.054	0.108
of which cholesterol	mg	≤ 6	≤ 12
Carbohydrate (35% Energy)	g	13.1	26.2
of which starch	g	5.3	10.6
of which sugars	g	2.5	5.0
of which fructose	g	1.9	3.8
of which lactose	g	≤ 0.5	≤ 1.0
Fibre (3% Energy)	g	2.0	4.0
Protein (20% Energy)	g	7.5	15
Water	mL	79	158
Lactose Content	g	≤ 0.5	≤ 1.0
Gluten Content	ppm	≤ 5	≤ 5
Osmolarity	mosmol/l	350	350
Osmolality	mosmol/kg H ₂ O	440	440
Minerals and trace elements			
Sodium	mg	65	130
Potassium	mg	130	260
Chloride	mg	55	110
Calcium	mg	150	300
Magnesium	mg	15	30
Phosphorus	mg	95	190
Iron	mg	2.0	4.0
Zinc	mg	1.5	3.0
Copper	µg	300	600
Manganese	mg	0.4	0.8
Iodine	µg	30	60
Fluoride	mg	0.2	0.4
Chromium	µg	10	20
Molybdenum	µg	15	30
Selenium	µg	10	20
Vitamins and other nutrients[†]			
Vitamin A	µg RE [°]	170	340
of which β-Carotene	µg RE [°]	50	100
Vitamin D ₃	µg	2.0	4.0
Vitamin E	mg α-TE ^{°°}	3.0	6.0
Vitamin K ₁	µg	16.7	33.4
Vitamin B ₁	mg	0.23	0.46
Vitamin B ₂	mg	0.32	0.64
Niacin	mg/mg NE ^{°°°}	1.5/2.75	3/5.5
Vitamin B ₆	mg	0.33	0.66
Vitamin B ₁₂	µg	0.6	1.2
Pantothenic acid	mg	1.2	2.4
Biotin	µg	7.5	15.0
Folic acid	µg	50	100
Vitamin C	mg	15	30
Choline [†]	mg	26.7	53.4

[°]RE: retinol equivalents; ^{°°}α-TE: alpha-tocopherol equivalents;
^{°°°}NE: niacin equivalents *monounsaturated fatty acids
eicosapentaenoic acid *docosahexaenoic acid

Prescribing information

Food for special medical purposes:

Nutritionally complete, high-caloric (1.5 kcal / mL), high protein oral nutritional supplement, with fibre. High in monounsaturated fatty acids, modified carbohydrate profile with low glycaemic index for improved glycaemic control. Low in lactose and gluten, low in sodium and cholesterol; with sugar and sweeteners. For the dietary management of patients with or at risk of malnutrition in particular for patients with impaired glucose metabolism or dysphagia.

Dosage:

Must be determined by the health care professional according to patients' needs. Recommendation for supplementary nutrition 2 - 3 bottles (600 - 900 kcal) / day, for complete nutrition 5 bottles (1500 kcal) / day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

Not for parenteral (I.V.) use!

Instructions for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

Contraindications:

Not suitable where enteral nutrition is not permitted such as in acute gastrointestinal bleeding, gut atonia, ileus and others. Not suitable for patients with severe form of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Diben DRINK.

Ingredients

Water, milk protein, modified starch, maltodextrin[^], vegetable oils (rapeseed oil, sunflower oil)[^], fructose, medium chain triglycerides (MCT), flavourings, potassium citrate, fish oil, emulsifiers (soya lecithin, E 471), sodium chloride, choline hydrogen tartrate, vit. C[^], acidity regulator (E 524)[^], sweeteners (E 954, E 952), magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B2, vit. B6, sodium fluoride, vit. B1[^], β-carotene, vit. A, folic acid, chromium chloride, potassium iodide[^], sodium molybdate[^], sodium selenite, vit. K1, biotin, vit. D3, vit. B12. **Allergen Information: This product contains milk, fish oil, and soy.** [^]amount / position depending on flavour

Flavour

Vanilla

References

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