Fresubin®
Protein Energy DRINK

The Power of Protein

1.5 kcal/mL oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restrictions

High protein content (27% Energy)
- 20g/bottle contributes to clinical and functional benefits

With all micro- and macronutrients for complete nutrition

Variety of flavours to support compliance

For Health Care Professionals only.
Fresubin
Protein Energy DRINK

Available in three delicious flavours in 200 mL EasyBottle

Nutritional Information

<table>
<thead>
<tr>
<th>Average content</th>
<th>100 mL</th>
<th>bottle = 200 mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Energy value</td>
<td>kJ</td>
<td>(kcal)</td>
</tr>
<tr>
<td>Fat (40% Energy)</td>
<td>g</td>
<td>6.7</td>
</tr>
<tr>
<td>of which SFA</td>
<td>µg</td>
<td>1.2</td>
</tr>
<tr>
<td>of which MUFA</td>
<td>µg</td>
<td>4.9</td>
</tr>
<tr>
<td>of which PUFA</td>
<td>µg</td>
<td>1.2</td>
</tr>
<tr>
<td>of which cholesterol</td>
<td>mg</td>
<td>≤ 7</td>
</tr>
<tr>
<td>Carbohydrate (33% Energy)</td>
<td>g</td>
<td>12.4°/12.1°</td>
</tr>
<tr>
<td>of which sugars</td>
<td>g</td>
<td>7.1°/7.4°/6.5°</td>
</tr>
<tr>
<td>of which lactose</td>
<td>g</td>
<td>≤ 0.4</td>
</tr>
<tr>
<td>Fibre (0.7% Energy)</td>
<td>g</td>
<td>0°/0.5°/0.1°</td>
</tr>
<tr>
<td>Protein (27% Energy)</td>
<td>g</td>
<td>10</td>
</tr>
<tr>
<td>Salt (Na x 2.5)</td>
<td>g</td>
<td>0.13°/0.15°</td>
</tr>
<tr>
<td>Water</td>
<td>mL</td>
<td>79</td>
</tr>
<tr>
<td>Lactose Content</td>
<td>g</td>
<td>≤ 4</td>
</tr>
<tr>
<td>Glucon Content</td>
<td>ppm</td>
<td>≤ 5</td>
</tr>
<tr>
<td>Osmolarity</td>
<td>mmol/l</td>
<td>380°/390°</td>
</tr>
<tr>
<td>Osmolarity</td>
<td>mmol/kg H2O</td>
<td>500°/510°</td>
</tr>
</tbody>
</table>

Minerals and trace elements

- Sodium: mg 50°/60°/100°/120°
- Potassium: mg 130°/135°/260°/270°
- Chloride: mg 73°/58°/146°/116°
- Calcium: mg 205
- Magnesium: mg 28°/18°/56°/36°
- Phosphorus: mg 120
- Iron: mg 2.5
- Zinc: mg 2.0
- Copper: mg 0.5
- Manganese: mg 375
- Iodine: mg 37.5
- Fluoride: mg 0.25
- Chromium: mg 12.5
- Molybdenum: mg 18.8
- Selenium: mg 13.5

Vitamins

- Vitamin A: µg RE° 213
- Vitamin D3: µg 63
- Vitamin E: µg 2.5
- Vitamin K1: µg 3.75
- Thiamin (vitamin B1): µg 21
- Riboflavin (vitamin B2): µg 0.3
- Niacin: mg/mg NE° 1.5/3.18
- Vitamin B6: µg 0.43
- Vitamin B12: µg 0.75
- Pantothenic acid: mg 1.5
- Biotin: µg 9.4
- Folic acid: µg 62.5
- Vitamin C: mg 18.8

a) Vanilla b) Chocolate C) Cappuccino
°RE: retinol equivalents; °°α-TE: alpha-tocopherol equivalents; °°°: niacin equivalents

Prescribing information

Food for special medical purposes:
High protein, high energy 1.5 kcal/mL supplement, Low in lactose and gluten. For the dietary management of patients with or at risk of disease related malnutrition in particular with increased protein and energy needs or fluid restrictions.

Cappuccino only: Contains traces of caffeine (0.5mg/100mL)

Dosage:
To be determined by a health care professional according to patients’ needs. Recommendation for supplementary nutrition 2 - 3 bottles (600 - 900 kcal)/day or complete nutrition 4 - 5 bottles (1200 - 1500 kcal)/day

Important notes:
To be used under medical supervision. Suitable as sole source of nutrition. If used for complete nutrition consider high protein level. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid and electrolyte intake.

Not for parenteral (I.V.) use!

Instruction for use:
Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled.

Contraindications:
Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin Protein Energy DRINK.

Ingredients

Water, milk protein, sucrose, vegetable oils (rapeseed oil, sunflower oil), maltodextrin, fat reduced cocoa powder, minerals, flavourings, emulsifiers (soya lecithin, E 471), vitamins, stabilisers (E 460, E 466, E 470), acidity regulator (E 524), trace elements.

Allergen Information: This product contains milk and soy.

Flavours

Vanilla, Chocolate, Cappuccino

References


Important notes:

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- Calcium: 205
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- Phosphorus: 120
- Iron: 2.5
- Zinc: 2.0
- Copper: 0.5
- Manganese: 375
- Iodine: 37.5
- Fluoride: 0.25
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- Molybdenum: 18.8
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