



Fresubin[®] 2 kcal Crème

Creamy, tasty and high-caloric

2 kcal/g high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restriction or dysphagia (IDDSI Level 4*)

High protein content (20% energy = 12.5 g/cup) contributes to clinical, functional and nutritional benefits¹

With all micro- and macronutrients for complete nutrition

Fibre free for patients who cannot tolerate fibre

A spoonable alternative to sip feeds in a variety of creamy flavours to support better compliance²

IDDSI Level 4*

Fresubin 2 kcal Crème



Available in two delicious flavours
in 125 g Cup

Nutritional Information

Average content	Fresubin 2 kcal Crème		
		100 g	cup = 125 g
Energy value			
		kJ	840
		(kcal)	(200)
			1050
			(250)
Fat (35% Energy)		g	7.8
of which saturated fatty acids		g	0.55/0.67 ^a
of which monounsaturated fatty acids		g	5.8
of which polyunsaturated fatty acids		g	1.4/1.32 ^a
Carbohydrate (45% Energy)		g	22.5/22.4 ^a
of which sugars		g	13.4/13.5 ^a
of which lactose		g	< 0.5
Fibre (0.3% Energy)^a		g	0/0.3 ^a
Protein (20% Energy)		g	10
Salt (Na x 2.5)		g	0.16/0.21 ^a
Water		mL	57 ^a -58
Lactose		g	≤ 0.5
Gluten		ppm	≤ 20
Minerals and trace elements			
Sodium	mg		65-82 ^a
Chloride	mg		62
Potassium	mg		167
Calcium	mg		196-205 ^a
Phosphorus	mg		125
Magnesium	mg		16
Iron	mg		2.5
Zinc	mg		2.0
Copper	µg		375
Iodine	µg		37.6
Selenium	µg		14
Manganese	mg		0.5
Chromium	µg		13
Molybdenum	µg		18.8
Fluoride	mg		0.25
Vitamins			
Vitamin A	µg RE ^o		213
of which β-Carotene	µg RE ^o		62.5
Vitamin D ₃	µg		5
Vitamin E	mg α-TE ^{oo}		2/3.75
Vitamin K ₁	µg		21
Vitamin C	mg		18.8
Thiamin (vitamin B ₁)	mg		0.3
Riboflavin (vitamin B ₂)	mg		0.4
Vitamin B ₆	mg		0.43
Niacin	mg/mg NE ^{ooo}		2/3.75
Folic acid	µg		62.5
Vitamin B ₁₂	µg		0.75
Pantothenic Acid	mg		1.5
Biotin	µg		9.4

a = Flavour Chocolate
^o retinol equivalents (RE), ^{oo} alpha-tocopherol equivalents (α-TE), ^{ooo} niacin equivalents (NE)

Prescribing Information

Food for special medical purposes:

Dessert style nutritionally complete, high-caloric (2.0 kcal/g), high protein (20% energy) thickened oral nutritional supplement, fibre free¹. Low in lactose and gluten. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy and protein needs, fluid restrictions and/or dysphagia.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 3-4 cups (750-1000 kcal)/day or complete nutrition 7-8 cups (1750-2000 kcal)/day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

Not for parenteral (I.V.) use!

Instruction for use:

Store at room temperature. Opened cups may be stored in a refrigerator for up to 24 hours. Best served chilled. Stir gently before enjoying. Packaged in a protective atmosphere.

Contraindications:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 kcal Crème.

1) Chocolate flavour only: Contains traces of fibre from cocoa beans

Ingredients

Fresubin 2 kcal Crème, flavour Chocolate: Water, milk protein, sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), chocolate powder (sugar, cocoa mass, fat-reduced cocoa powder, soya lecithins, flavouring), maize starch, flavourings, fat-reduced cocoa powder, maltodextrin, thickener (E 1442, E 407), acidity regulators (E 501, E 500), emulsifiers (E 471, soya lecithins), sodium citrate, colour (E 153), vit. C, sodium chloride, potassium citrate, iron pyrophosphate, zinc sulphate, magnesium oxide, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, sodium molybdate, chromium chloride, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Allergen Information: This product contains milk and soy.

Fresubin 2 kcal Crème, flavour Wild Strawberry: Water, sucrose, milk protein, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, flavourings, maltodextrin, thickeners (E1442, E407), potassium citrate, emulsifiers (E471, soya lecithins), beetroot powder, acidity regulator (E501). Vit. C, sodium citrate, sodium chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Allergen Information: This product contains milk and soy.

Flavours

Chocolate, Wild Strawberry

References

- 1) Cawood AL, Elia M, Stratton RJ: Systematic review and meta-analysis of the effects of high-protein oral nutritional supplements. Ageing Res Rev 2012, 11: 278-296.
- 2) Hubbard GP et al. A systematic review of compliance to oral nutritional supplements. Clin Nutr 2012, 31: 293-312.

*IDDSI test performed at room temperature (25°C +/- 1°C)



**FRESENIUS
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caring for life

Fresenius Kabi Australia Pty Limited
Level 2, 2 Woodland Way,
Mount Kuring-gai NSW 2080
Phone 1300 732 001
Fax 1300 304 384
www.fresenius-kabi.com.au

Fresenius Kabi New Zealand Limited
60 Pavilion Drive, Māngere
Auckland 2022 New Zealand
Phone 0800 144 892
Fax +64 9925 2721
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