Fresubin® 2 kcal Crème

Creamy, tasty and high-caloric

2 kcal/g high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restriction or dysphagia (IDDSI Level 4*)

High protein content (20% energy = 12.5 g/cup) contributes to clinical, functional and nutritional benefits¹

With all micro- and macronutrients for complete nutrition

Fibre free for patients who cannot tolerate fibre

A spoonable alternative to sip feeds in a variety of creamy flavours to support better compliance²

IDDSI Level 4*

For Health Care Professionals only.
Fresubin 2 kcal Crème

Available in two delicious flavours in 125 g Cup

Nutritional Information

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Average content</th>
<th>Fresubin 2 kcal Crème</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>100 g</td>
<td>cup = 125 g</td>
</tr>
<tr>
<td>Energy (kcal)</td>
<td>1840</td>
<td>2050</td>
</tr>
<tr>
<td>Fat (35% Energy)</td>
<td>7.8</td>
<td>9.75</td>
</tr>
<tr>
<td>of which saturated fatty acids</td>
<td>0.55/0.67</td>
<td>0.68/0.84</td>
</tr>
<tr>
<td>of which monounsaturated fatty acids</td>
<td>5.8</td>
<td>7.3</td>
</tr>
<tr>
<td>of which polyunsaturated fatty acids</td>
<td>1.4/1.32</td>
<td>1.8/1.7</td>
</tr>
<tr>
<td>Carbohydrate (45% Energy)</td>
<td>22.5/22.4</td>
<td>28.1/28</td>
</tr>
<tr>
<td>of which sugars</td>
<td>13.4/13.5</td>
<td>16.8/16.9</td>
</tr>
<tr>
<td>of which lactose</td>
<td>&lt; 0.5</td>
<td>&lt; 0.63</td>
</tr>
<tr>
<td>Fibre (0.3% Energy)*</td>
<td>0/0.3</td>
<td>0/0.38</td>
</tr>
<tr>
<td>Protein (20% Energy)</td>
<td>10</td>
<td>12.5</td>
</tr>
<tr>
<td>Salt (Na x 2.5)</td>
<td>0.16/0.21</td>
<td>0.20/0.26</td>
</tr>
<tr>
<td>Water</td>
<td>mL</td>
<td>57-58</td>
</tr>
<tr>
<td>Lactose</td>
<td>≤ 0.5</td>
<td>≤ 0.6</td>
</tr>
<tr>
<td>Gluten</td>
<td>ppm</td>
<td>≤ 20</td>
</tr>
</tbody>
</table>

Minerals and trace elements

- Sodium: 65-82 mg (81-103 mg)
- Chloride: 62 mg (78 mg)
- Potassium: 167 mg (209 mg)
- Calcium: 196-205 mg (245-256 mg)
- Phosphorous: 125 mg (156 mg)
- Magnesium: 16 mg (20 mg)
- Iron: 2.5 mg (3.1 mg)
- Zinc: 2.0 mg (2.5 mg)
- Copper: 375 mg (469 mg)
- Iodine: 37.6 mg (47 mg)
- Selenium: 14 mg (17.5 mg)
- Manganese: 0.5 mg (0.6 mg)
- Chromium: 13 mg (16 mg)
- Molybdenum: 18.8 mg (23.5 mg)
- Fluoride: 0.25 mg (0.3 mg)

Vitamins

- Vitamin A: 213 RE (266 RE)
- of which ß-Carotene: 62.5 RE (78.25 RE)
- Vitamin D3: 5 µg (6 µg)
- Vitamin E: 2 µg TE (2.5/4.69 µg)
- Vitamin K1: 21 µg (26 µg)
- Vitamin C: 18.8 mg (23.5 mg)
- Thiamin (vitamin B1): 0.3 mg (0.4 mg)
- Riboflavin (vitamin B2): 0.4 mg (0.5 mg)
- Vitamin B6: 0.43 mg (0.54 mg)
- Niacin: 2.37 µg NE (2.5/4.69 µg)
- Folic acid: 62.5 µg (78.1 µg)
- Vitamin B12: 0.75 µg (0.94 µg)
- Pantothenic Acid: 1.5 mg (1.9 mg)
- Biotin: 9.4 µg (11.8 µg)

Contraindications:
Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 kcal Crème.

Instruction for use:
Store at room temperature. Opened cups may be stored in a refrigerator for up to 24 hours. Best served chilled. Stir gently before enjoying. Packaged in a protective atmosphere.

Allergen Information: This product contains milk and soy.

Flavours

- Chocolate
- Wild Strawberry

References


Food for special medical purposes:
Dessert style nutritionally complete, high-caloric (2 kcal/g), high protein (20% energy) thickened oral nutritional supplement, fibre free! Low in lactose and gluten. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy and protein needs; fluid restrictions and/or dysphagia.

Dosage:
To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 3-4 cups (750-1000 kcal) /day or complete nutrition 7-8 cups (1500-2000 kcal) /day

Important notes:

Not for parenteral (I.V.) use!

Ingredients


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References


Prescribing Information

Fresenius Kabi Australia Pty Limited
Level 2, 2 Woodland Way,
Mount Kuring-gai NSW 2080
Phone 1300 732 001
Fax 1300 304 384
www.fresenius-kabi.com.au

Fresenius Kabi New Zealand Limited
60 Pavilion Drive, Mangere
Auckland 2022 New Zealand
Phone 0800 144 892
Fax +64 9925 2721
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*IDDSI test performed at room temperature (25˚c +/- 1˚c)