High protein content (20% energy = 20g/bottle) contributes to clinical, functional and nutritional benefits.

High Vitamin D content: 10μg/200mL
For bone health and prevention of fractures and falls\textsuperscript{4, 5}

With fibre to maintain gut physiology\textsuperscript{4}

Fresubin\textsuperscript{®} 2 kcal Fibre DRINK
The minimum effective dose in one bottle

2 kcal/mL high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restrictions.

Contains 400 kcal in one bottle, which is the minimum effective dose needed to improve patient outcomes\textsuperscript{1, 2}

For Health Care Professionals only.
Fresubin
2 kcal Fibre DRINK

Available in four delicious flavours in 200 mL EasyBottle

Nutritional Information

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Average content</th>
<th>Fresubin 2 kcal Fibre DRINK</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>100 mL (kcal)</td>
<td>bottle = 200 mL (kcal)</td>
</tr>
<tr>
<td>Energy value</td>
<td>840</td>
<td>1680</td>
</tr>
<tr>
<td>Fat (35% Energy)</td>
<td>7.8</td>
<td>15.6</td>
</tr>
<tr>
<td>of which SFA</td>
<td>0.6</td>
<td>0.7</td>
</tr>
<tr>
<td>of which MUFA</td>
<td>6.1</td>
<td>12.4</td>
</tr>
<tr>
<td>of which PUFA</td>
<td>8.2</td>
<td>16.8</td>
</tr>
<tr>
<td>Carbohydrate (45% Energy)</td>
<td>21.8</td>
<td>43.6</td>
</tr>
<tr>
<td>of which sugars</td>
<td>1.6</td>
<td>6.1</td>
</tr>
<tr>
<td>of which lactose</td>
<td>0.6</td>
<td>1.6</td>
</tr>
<tr>
<td>Fibre (1.5% Energy)</td>
<td>1.5</td>
<td>3.1</td>
</tr>
<tr>
<td>Protein (20% Energy)</td>
<td>10</td>
<td>20</td>
</tr>
<tr>
<td>Salt (Na x 2.5)</td>
<td>0.15</td>
<td>0.3</td>
</tr>
<tr>
<td>Water</td>
<td>67-70</td>
<td>134-140</td>
</tr>
<tr>
<td>Lactose content</td>
<td>0.3</td>
<td>≥</td>
</tr>
<tr>
<td>Osmolality</td>
<td>505-615</td>
<td>0.6</td>
</tr>
<tr>
<td>Osmolality</td>
<td>750-900</td>
<td>mosmol/kg H2O</td>
</tr>
</tbody>
</table>

Minerals and trace elements

- Sodium
- Chloride
- Potassium
- Calcium
- Phosphorus
- Magnesium
- Iron
- Zinc
- Copper
- Iodine
- Selenium
- Manganese
- Chromium
- Molybdenum
- Fluoride

Vitamins

- Vitamin A
- of which β-Carotene
- Vitamin D3
- Vitamin E
- Vitamin K1
- Vitamin K2
- Thiamin (vitamin B1)
- Riboflavin (vitamin B2)
- Vitamin B6
- Folic Acid
- Vitamin B12
- Pantothenic Acid
- Biotin

Prescribing Information

Food for special medical purposes:
Nutritionally complete, high-caloric (2.0 kcal/mL), high protein (20% energy) oral nutritional supplement with fibre. High in vitamin D. Low in lactose and gluten. For the dietary management of patients with or at risk of disease-related malnutrition, in particular for patients with increased energy and protein needs or fluid restrictions.

Dosage:
To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 1-2 bottles (400-800 kcal)/day or complete nutrition 4-5 bottles (1600–2000 kcal)/day.

Important notes:

Instruction for use:
Store at room temperature. Shake well before use. Opened bottles may be stored in a refrigerator for up to 24 hours. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

Contraindications:
Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 kcal Fibre DRINK.

Ingredients

Fresubin 2 kcal Fibre DRINK: Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil, sucrose), inulin (from chicory), cocoa powder (fat reduced), maltodextrin, emulsifiers (E 471, soy lecithin), potassium carbonate, sodium chloride, acidity regulator (E 507, sodium carbonate, citric acid, sodium benzoate), iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, copper sulphate, vitamin B1, vitamin B6, vitamin D3, vitamin E, folic acid, chromium chloride, sodium selenate, sodium selenite, vitamins A, D, K, B6, B12. Amount/position depending on flavour, c) not present in the flavour “Chocolate”, d) only present in the flavour “Chocolate”, e) not present in the flavour “Neutral”, a) only present in the flavour “Chocolate”.

Flavours

Vanilla, Chocolate, Lemon, Neutral

References