Fresubin®
Energy Fibre DRINK

Extra energy with plenty of choices

1.5 kcal/mL oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy needs and/or fluid restrictions

With high quality protein for a balanced amino acid provision¹
With all micro- and macronutrients for complete nutrition
With fibre to maintain gut physiology²
With a broad range of flavours to support better compliance³

For Health Care Professionals only.
Fresubin Energy Fibre

Available in three delicious flavours in 200 mL EasyBottle

Nutritional Information

<table>
<thead>
<tr>
<th>Average content</th>
<th>Fresubin Energy Fibre DRINK</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 mL bottle = 200 mL</td>
<td></td>
</tr>
<tr>
<td>Energy value</td>
<td>kJ (g) (g) (mg) (µg)</td>
</tr>
<tr>
<td>Fat (35% Energy)</td>
<td>g</td>
</tr>
<tr>
<td>of which SFA*</td>
<td>g</td>
</tr>
<tr>
<td>of which MUFAs**</td>
<td>g</td>
</tr>
<tr>
<td>of which PUFA***</td>
<td>g</td>
</tr>
<tr>
<td>Carbohydrate (50% Energy)</td>
<td>g</td>
</tr>
<tr>
<td>of which sugars</td>
<td>g</td>
</tr>
<tr>
<td>of which lactose</td>
<td>g</td>
</tr>
<tr>
<td>Fibre</td>
<td>g</td>
</tr>
<tr>
<td>Protein (15% Energy)</td>
<td>g</td>
</tr>
<tr>
<td>Water</td>
<td>ml</td>
</tr>
<tr>
<td>Osmolality</td>
<td>mosmol/L</td>
</tr>
<tr>
<td>Osmolality</td>
<td>mosmol/kg</td>
</tr>
</tbody>
</table>

Minerals and trace elements

- Sodium: mg 80/85/160/1070
- Potassium: mg 135/140/270/280
- Chloride: mg 100/200
- Calcium: mg 135/130/270/260
- Magnesium: mg 21/24/42/48
- Phosphorus: mg 80/85/160/170
- Iron: mg 2.0 | 4.0
- Zinc: mg 1.5 | 3.0
- Copper: µg 300 | 600
- Manganese: mg 0.4 | 0.8
- Iodine: µg 30 | 60
- Fluoride: mg 0.2 | 0.4
- Chromium: µg 10 | 20
- Molybdenum: µg 15 | 30
- Selenium: µg 10 | 20

Vitamins and other nutrients*

- Vitamin A: µg RE 170 | 340
- of which β-Carotene: µg RE 50 | 100
- Vitamin D₃: µg 2.0 | 4.0
- Vitamin E: mg α-TE 3.0 | 6.0
- Vitamin K₁: µg 16.7 | 33.4
- Vitamin B₁: mg 0.23 | 0.46
- Vitamin B₂: mg 0.32 | 0.64
- Niacin: mg/mg NE 3.0/4.0 | 6.0/8.0
- Vitamin B₆: mg 0.33 | 0.66
- Folic acid: µg 0.6 | 1.2
- Pantothentic acid: mg 1.2 | 2.4
- Biotin: µg 7.5 | 15.0
- Vitamin C: mg 15 | 30
- Choline*: mg 26.7 | 53.4

*Flavour Chocolate contains traces of fibre from cocoa powder

Prescribing information

Food for special medical purposes:
Nutritionally complete, high-caloric (1.5 kcal/mL) oral nutritional supplement, with fibre. Low in lactose and gluten.
For the dietary management of patients with or at risk of disease related malnutrition in particular for patients with increased energy needs and/or fluid restrictions.

Dosage:
To be determined by a health care professional according to patients’ needs. Recommendation for supplementary nutrition 2–3 bottles (600–900 kcal) per day or complete nutrition 5–7 bottles (1500–2100 kcal) per day.

Important notes:
- To be used under medical supervision. Suitable as sole source of nutrition.
- Not suitable for children < 3 years. Use with caution in children < 6 years.
- Not suitable for patients with galactosaemia. Ensure adequate fluid intake.
- Not for parenteral (I.V.) use!

Instruction for use:
Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

Contraindications:
- Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation.
- Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin Energy Fibre DRINK.

Ingredients


Allergen Information: This product contains milk, wheat, and soy.

Reference amounts/position depending on flavour. *only present in the "Strawberry" flavour ** only present in the flavour "Chocolate" † only present in the flavour "Chocolate" ‡ only present in the "Strawberry" flavour

Flavours

Strawberry, Chocolate, Vanilla.

References


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