



# Fresubin® 2 kcal DRINK

Tips to refine your  
**savory** drink

 **FRESENIUS  
KABI**  
caring for life

## How do I enjoy the savory variants of the Fresubin 2 kcal DRINK?



### Shake it – quick and easy usage

- Shake the bottle a few times to guarantee a smooth texture



### Pour it

- Pour Fresubin 2 kcal DRINK into a microwavable bowl



### Heat it\*

- Easy heating in the microwavable bowl for about 60-90 seconds (800 watt)

\* Do not heat the Fresubin EasyBottle, always use a heatable cup or bowl. Heat moderately up to a max 65 °C. Be careful not to overheat: Do not Boil!



### Stir it

- After removing the bowl from the microwave, give it a quick stir, ensuring the heat is evenly spread through



### Eat it

- Enjoy the delicious soup that is high in energy (400 kcal), high in protein (20 g) and has extra Vitamin D (10 µg) – in one 200 ml bottle
- Fresubin 2 kcal DRINK offers a nutrient profile for complete or supplemental nutrition



### Enjoy the tasty alternative!

Fresubin 2 kcal DRINK is now available in two savory flavours; Mushroom and Tomato-Carrot.

**Spice up your choice with some tasty toppings!**

# Make your nourishing dish even more tasty with these delicious ingredients\*



## Fresubin 2 kcal DRINK Mushroom

- Tastes lovely and homemade with hearty toppings and French herbs



**PRO TIP:  
ADD SOME  
SAUTÉED  
MUSHROOMS**



**Fast & easy**



### Mushroom soup with canola oil & thyme (+25 g)

- Add 1 tsp. of canola oil
- Garnish with thyme
- Season with salt and pepper



#### Nutritional information per serving\*\*

Energy	621 kcal
Protein	20.0 g
Fat	39.6 g
Carbohydrate	45.0 g



**Chef**



### + Croûtons (+50 g)

- Dice 2 slices of white toast bread and roast in oil together with some cloves of garlic
- Let the croûtons drain on kitchen paper and add to the soup

#### Nutritional information per serving\*\*

Energy	825 kcal
Protein	26.0 g
Fat	43.1 g
Carbohydrate	82.0 g



## Fresubin 2 kcal DRINK Tomato-Carrot

- Perfectly suits the Mediterranean style. Creamy toppings and herbs fit very well



**PRO TIP:  
ADD SOME  
STEAMED  
CARROT AND  
TOMATO  
SLICES**



**Fast & easy**



### Tomato-Carrot soup with crème fraîche & basil (+25 g)

- Add some crème fraîche
- Garnish with some basil leaves
- Season with salt and pepper



#### Nutritional information per serving\*\*

Energy	475 kcal
Protein	20.6 g
Fat	30.6 g
Carbohydrate	46.3 g



**Chef**



### + Basmati rice (+60 g)

- Cook a cup of Basmati rice with a 1:2 ratio of rice and water on low flame until it's tender
- Add to the soup and enjoy

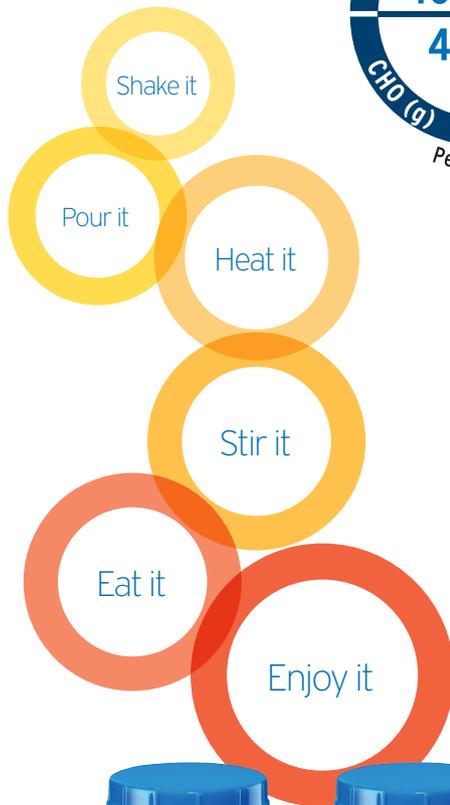
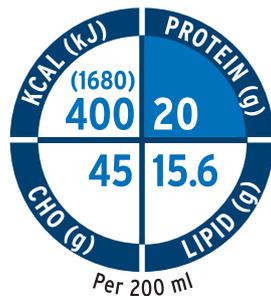
#### Nutritional information per serving\*\*

Energy	553 kcal
Protein	22.2 g
Fat	30.8 g
Carbohydrate	63.1 g

\* Please take possible allergies in consideration before following the tips!

\*\* Nutritional information estimated according to Australian Food Composition Databases.

# Fresubin®



## Nutritional Information

Energy	400 kcal/200 mL	
	Energy %	per 200 mL
Fat	35%	15.6 g
Carbohydrate	45%	45 g
Fibre	0%	0 g
Protein	20%	20.0 g
Allergens	contains milk and soy	
Lactose	≤ 0.3 g	
Gluten	< 5g/100ml	
IDDSI Level	1	
Age indication	≥ 3 years*	
Halal Certified	✓	
Kosher Certified	✓	

# Use with caution in children < 6years



Fresenius Kabi product ordering information:

Fresubin® 2 kcal DRINK Mushroom 7399601  
 Fresubin® 2 kcal DRINK Tomato-Carrot 7464601

**Fresubin is a food for special medical purposes and should be used under medical supervision.**



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