General Information:

- The tube in situ is a Freka® PEG (percutaneous endoscopic gastrostomy), placed endoscopically into the stomach.
- The area where the tube enters the stomach is called the stoma site.

Initial Care:

- A keyhole dressing may be applied, as per hospital policy. The stoma site can be cleaned using a 0.9% saline solution.
- If the external fixator requires adjusting, this should be undertaken by a healthcare professional.
- Water/feed is usually commenced 6-12 hours after placement. Refer to individual feeding regimen.
- If patient complains of pain, or there is localised swelling, stop feeding and report to your local healthcare professional.
- Flush tube 4-6 hourly with water (as per local/hospital policy). This does not need to be done through the night.

Daily Care:

- Clean stoma site daily with mild soap and water. Ensure adequate drying.
- Observe stoma site daily for leakage, swelling, redness or inflammation - report any problems to your local healthcare professional. Some clear fluid may be present, this is normal.
- Flush tube with water (as per local/hospital policy) before, during and after enteral feed and medications.
- Do not use dressings unless clinically indicated.
- If tube becomes blocked use warm water/carbonated water/soda water and refer to local policy where applicable.
- Do not flush tube using force. If tube remains blocked inform your local healthcare professional.
- Do not put anything down the tube other than feed, water and medication in liquid form.
- Advance tube 1-2cm and rotate 360° once a day (no more than once a day and no less than once a week).
- Once stoma tract has healed, fixation device can be moved for cleaning. However, it should be returned back to its original position (approx 1cm away from skin) to prevent migration/movement.

* until site is healed, approximately 7-10 days