

Freka[®] Pexact Gastrostomy Tube

Aftercare Sheet

Patient Name	
Device	
Model	
Lot Number	
Unique device number (UDI)	

> General Information:

- The tube in situ is a Freka[®] Pexact Gastrostomy Tube placed directly into the stomach, held in place by an internal retention balloon.
- The area where the tube enters the stomach is called the stoma site.

> Initial Care:

- Water/feed is usually commenced 1-2 hours after placement. Refer to individual feeding regimen.
- If you experience pain or there is localised swelling, stop feeding and report to your local healthcare professional.

> Daily Care:

- Clean stoma site daily with mild soap and water and ensure adequate drying.
- Observe stoma site daily for leakage, swelling, redness or inflammation - some clear fluid may be present, this is normal. Report any problems to your local healthcare professional.
- Before and after each administration of medicine, the balloon tube must be flushed thoroughly with 20 ml of cooled, boiled (lukewarm) water.

- Do not use dressings unless clinically indicated.
- The balloon should be filled with 5 ml sterile water or 0.9% saline.
- Check the filling volume of the balloon regularly by healthcare professional.
- If tube becomes blocked use warm water/carbonated water/soda water to flush the tube and refer to local policy if applicable.
- **Do not** flush tube using force. If tube remains blocked, inform your local healthcare professional.
- **Do not** put anything down the tube other than feed, water and medication in liquid form. For recommendations related to water flushing and medication administration, please refer to the Freka[®] Pexact II Feeding Care Guidelines or follow your local healthcare policy guidelines.
- Rotate the tube through a full circle (360°) at least once a day and no less than once a week.
- Once stoma tract has healed, external fixation device can be moved for cleaning. However, it should be returned back to its original position (approx 1cm away from skin) to prevent migration/movement.
- The tube can remain in situ for several months with the proper care, before it requires replacing.

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Reference: Instruction for Use 7601365 Manual Freka Pexact CH/FR15 Set II ENFit.