



**FRESENIUS  
KABI**

caring for life



# Fresubin<sup>®</sup> PRO DRINK

Minimum effective nutrition<sup>1</sup> in just one EasyBottle

High energy, high protein oral nutritional supplement, for the dietary management in case/risk of malnutrition with increased calcium and vitamin D needs e.g. sarcopenia, frailty or age-related musculoskeletal deficits

High energy density in a small volume to help improve compliance<sup>2,3</sup>

High protein content to maximally stimulate and sustain muscle protein synthesis in malnourished patients<sup>1</sup>

High vitamin D (10 µg/bottle) and calcium (700 mg/bottle) content meeting recommended daily amounts for adults 65 years or over<sup>4-6</sup>

# Fresubin® PRO DRINK

Available in **two** delicious flavours  
in 200 mL EasyBottle



## Nutritional Information

Average content		Fresubin PRO DRINK		
		MedPass Cup 60 mL	100 mL	bottle = 200 mL
<b>Energy value</b>	kJ (kcal)	605 (144)	1008 (240)	2016 (480)
<b>Fat (35% Energy)</b>	g	5.6	9.4	18.8
of which SFA*	g	0.4	0.7	1.4
of which MUFA**	g	3.8	6.3	12.6
of which PUFA***	g	1.4	2.4	4.8
<b>Carbohydrate (45% Energy)</b>	g	14.6	24.4	48.8
of which sugars	g	2.3 <sup>b</sup> - 3.7 <sup>b</sup>	3.9 <sup>b</sup> - 6.1 <sup>b</sup>	7.8 <sup>b</sup> - 12.2 <sup>b</sup>
of which lactose	g	<0.5	≤ 0.8	≤ 1.6
<b>Fibre (1.5% Energy)</b>	g	0	0	0
<b>Protein (20% Energy)</b>	g	8.6	14.4	28.8
<b>Osmolality</b>	mosmol/kg H <sub>2</sub> O	790-1000	790-1000	
<b>Vitamins</b>				
Vitamin A	µg RE <sup>o</sup>	156	260	520
Vitamin D	µg	3	5	10
Vitamin E	mg α-TE <sup>oo</sup>	2.4	4	8
Vitamin K	µg	9.6	16	32
Vitamin C	mg	18	30	60
Thiamin	mg	0.3	0.4	0.9
Riboflavin	mg	0.3	0.5	1
Niacin	mg/mgNE <sup>ooo</sup>	0.5/2.4	0.8/3.9	1.5/7.8
Vitamin B <sub>6</sub>	mg	0.3	0.5	0.9
Folic Acid	µg	48	80	160
Vitamin B <sub>12</sub>	µg	0.7	1.1	2.2
Biotin	µg	7.2	12	24
Pantothenic Acid	mg	1.1	1.9	3.8
<b>Minerals and trace elements</b>				
Sodium	mg	18	30	60
Potassium	mg	52	87	174
Chloride	mg	6.6	11	22
Calcium	mg	210	350	700
Phosphorus	mg	132	220	440
Magnesium	mg	9.6	16	32
Iron	mg	1.2	2.0	4.0
Zinc	mg	1.4	2.4	4.8
Copper	µg	192	320	640
Manganese	mg	0.4	0.7	1.3
Fluoride	mg	0.11	0.18	0.36
Selenium	µg	8.4	14	28
Chromium	µg	7.5	12.5	25
Molybdenum	µg	12	20	40
Iodine	µg	30	50	100
<b>Water</b>	mL	38	63	126

\*saturated fatty acids (SFA), \*\*monounsaturated fatty acids (MUFA),  
\*\*\*polyunsaturated fatty acids (PUFA)  
<sup>b</sup>Flavour Neutral <sup>c</sup>Flavour Hazelnut  
<sup>o</sup>retinol equivalents (RE), <sup>oo</sup>alpha-tocopherol equivalents (α-TE), <sup>ooo</sup>niacin equivalents (NE)

## General Information

### Food for special medical purposes:

High energy (2.4 kcal/mL), high protein (28.8 g/200 mL) oral nutritional supplement. High in (10 µg/200 mL) and vitamin D (700 mg/200 mL). For the dietary management in case/risk of malnutrition with increased energy, protein, calcium and vitamin D needs e.g. sarcopenia, frailty or age-related musculoskeletal deficits.

### Dosage:

1-2 bottles/day for supplementary nutrition, or as advised by a healthcare professional.

### Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children <7 years. Use with caution in children <10 years. Not suitable in case of galactosaemia.

### Instruction for use:

Best served chilled. Shake well before use. Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours.

### Not for parenteral (I.V.) use!

### Additional considerations:

Oral nutritional supplementation is not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin PRO Drink.

## Ingredients

**Fresubin PRO DRINK Hazelnut:** Water, glucose syrup, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, flavouring, emulsifiers (E 471, soya lecithins), acidity regulators (E 501, E 500), stabilisers (E 460, E 466), vitamin C, antifoaming agent (E 471), ferric diphosphate, zinc sulphate, pantothenic acid, manganese chloride, vitamin E, niacin, cupric sulphate, thiamin, riboflavin, vitamin B<sub>6</sub>, vitamin A, sodium fluoride, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, biotin, vitamin K, vitamin D, vitamin B<sub>12</sub>.

**Allergen Information: Contains milk and soy. Low lactose and gluten free.**

### Halal & Kosher certified.

Product ingredients for one flavour only. Detailed ingredient lists of the other flavours can be requested from [ensupport-anz@fresenius-kabi.com](mailto:ensupport-anz@fresenius-kabi.com)

## Flavours

Hazelnut, Neutral.

Coming soon: Vanilla, Cappuccino, Apricot-Peach.

## References

1. Paddon-Jones D, Rasmussen BB. *Curr Opin Clin Nutr Metab Care*. 2009;12(1):86-90.
2. Volkert D, et al. *Clin Nutr*. 2018;doi.org/10.1016/j.clinu.2018.05.024.
3. Hubbard G et al. *Clin Nutr* 2012; 31(3): 293-312.
4. EFSA NDA Panel. *EFSA Journal* 2016;14(10): 4547, doi: 10.2903/j.efsa.2016.4547.
5. D-A-CH: Referenzwerte Fur Die Nahrungszufuhr; 2018.
6. EFSA NDA Panel Scientific Opinion on Dietary Reference Values for calcium. *EFSA Journal* 2015;13(5):4101, 82 pp. doi:10.2903/j.efsa.2015.4101.