



# Fresubin<sup>®</sup> Original DRINK



1 kcal/mL oral nutritional supplement for the dietary management of patients with or at risk of malnutrition

With high quality protein for a balanced amino acid provision<sup>1</sup>

Fibre free for patients who cannot tolerate fibre<sup>^</sup>

With a variety of flavours to support compliance<sup>2</sup>

<sup>^</sup>except chocolate flavour

<sup>\*</sup>Meets nutrient reference values required for complete nutrition<sup>3</sup>

# Fresubin® Original DRINK

Available in **two** delicious flavours  
in 200 mL EasyBottle



## Nutritional Information

Average content		100 mL	bottle = 200 mL
<b>Energy value</b>			
		kJ	840
		(kcal)	(200)
<b>Fat (30% Energy)</b>		g	6.8
of which SFA*		g	0.6
of which MUFA**		g	4.4
of which PUFA***		g	1.8
<b>Carbohydrate (55% Energy)</b>		g	27.6/27.2 <sup>a</sup>
of which sugars		g	7/9.8 <sup>a</sup>
of which lactose		g	≤ 0.01 ≤ 0.02
<b>Fibre</b>		g	0/0.35 <sup>a</sup> 0/0.7 <sup>a</sup>
<b>Protein (15% Energy)</b>		g	3.8 7.6
<b>Water</b>		mL	84 168
<b>Osmolarity</b>	mosmol/L		330 330
<b>Osmolality</b>	mosmol/kg H <sub>2</sub> O		380 380
<b>Minerals and trace elements</b>			
Sodium	mg	75	150
Potassium	mg	125	250
Chloride	mg	85	170
Calcium	mg	60	120
Magnesium	mg	20	40
Phosphorus	mg	47	94
Iron	mg	2	4
Zinc	mg	1.5	3.0
Copper	µg	300	600
Manganese	mg	0.4	0.8
Iodine	µg	30	60
Fluoride	mg	0.2	0.4
Chromium	µg	10	20
Molybdenum	µg	15	30
Selenium	µg	10	20
<b>Vitamins and other nutrients†</b>			
Vitamin A	µg RE <sup>o</sup>	170	340
of which β-Carotene	µg RE <sup>o</sup>	50	100
Vitamin D <sub>3</sub>	µg	2	4
Vitamin E	mg α-TE <sup>oo</sup>	3	6
Vitamin K <sub>1</sub>	µg	16.7	33.4
Vitamin B <sub>1</sub>	mg	0.23	0.46
Vitamin B <sub>2</sub>	mg	0.32	0.64
Niacin	mg NE <sup>ooo</sup>	1.73	3.46
Vitamin B <sub>6</sub>	mg	0.33	0.66
Vitamin B <sub>12</sub>	µg	0.6	1.2
Pantothenic acid	mg	1.2	2.4
Biotin	µg	7.5	15
Folic acid	µg	50	100
Vitamin C	mg	15	30
Choline†	mg	20	40

\*saturated fatty acids (SFA), \*\*monounsaturated fatty acids (MUFA), \*\*\*polyunsaturated fatty acids (PUFA)  
<sup>o</sup>Chocolate Flavour °RE: retinol equivalents;  
<sup>oo</sup>α-TE: alpha-tocopherol equivalents; <sup>ooo</sup>NE: niacin equivalents  
<sup>†</sup> analysed value

## General Information

### Food for special medical purposes:

Nutritionally complete 1 kcal/mL oral nutritional supplement, fibre free\*\*. For the dietary management of patients with or at risk of malnutrition.

### Dosage:

To be determined by a healthcare professional according to patients' needs. Recommendation for supplementary nutrition, 2 - 3 bottles (400 - 600 kcal)/day or complete nutrition, 7 - 8 bottles (1400 - 1600 kcal)/day.

### Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for infants <3 years. Use with caution in children <6 years.

Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

### Not for parenteral (I.V.) use!

### Instruction for use:

Best served chilled. Shake well before use. Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours.

### Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption.

Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin Original DRINK.

\*\*contains traces of fibre from cocoa in chocolate flavour.

## Ingredients

**Fresubin Original DRINK Vanilla:** Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, soya protein, sodium citrate, flavouring, potassium chloride, emulsifiers (E 471, soya lecithin), potassium hydrogen phosphate, magnesium citrate, choline hydrogen tartrate, vit. C, acidity regulator (E 332, E 330), thickener (E 415), magnesium oxide, iron sulphate, zinc sulphate, calcium phosphate, vit. E, pantothenic acid, manganese chloride, niacin, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

**Allergen Information: Contains milk and soy. Low lactose and gluten free.**

**Fresubin Original DRINK Chocolate:** Water, maltodextrin, sucrose, milk protein, vegetable oils (rapeseed oil, sunflower oil), chocolate powder (cocoa powder, sucrose, sodium chloride, flavourings), soya protein, emulsifiers (E 471, soya lecithin), sodium citrate, potassium chloride, magnesium chloride, acidity regulators (E 170, E 501), choline hydrogen tartrate, thickener (E 415), vit. C, calcium phosphate, calcium lactate, flavouring, iron sulphate, zinc sulphate, magnesium oxide, vit. E, pantothenic acid, manganese chloride, niacin, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, potassium iodide, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, chromium chloride, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

**Allergen Information: Contains milk and soy. Low lactose and gluten free.**

Halal & Kosher certified.

## Flavours

Vanilla, Chocolate.

## References

1. World Health Organization. Protein and amino acid requirements in human nutrition. WHO technical report series 2007; 935. 2. Hubbard GP, Elia M, Holdaway A, Stratton RJ: A systematic review of compliance to oral nutritional supplements. Clin Nutr 2012; 31: 293-312. 3. National Health and Medical Research Council: Nutrient Reference Values Australia and New Zealand. <https://www.eatforhealth.gov.au/nutrient-reference-values>. Accessed May, 2023.



**FRESENIUS  
KABI**

caring for life

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