



Fresubin® 2 kcal Fibre DRINK

High protein, high energy complete drink with variety

2 kcal/mL high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restriction

Contains 400 kcal in one bottle, which is the minimum effective dose needed to improve patient outcomes^{1,2}



High protein content contributes to clinical, functional and nutritional benefits³

High Vitamin D content: 10 $\mu g/200$ mL For bone health and prevention of fractures and falls^4, 5

With fibre to maintain gut physiology⁴

Fresubin[®] 2 kcal Fibre DRINK

Available in four delicious flavours in 200 mL EasyBottle

Nutritional Information

Average content		Fresubin 2 kcal Fibre DRINK		
		MedPass Cup 60 mL	100 mL	bottle = 200 mL
Energy value	kJ (kcal)	504 (120)	840 (200)	
Fat (35% Energy)	g	4.7	7.8	
of which SFA*	g	0.36/0.42°	0.6/0.7	1.2/1.4ª
of which MUFA**	g	3.5	5.8	11.6
of which PUFA***	g	0.84	1.4	2.8
Carbohydrate (45% Energy	-	13.08/13.02ª	21.8/21.7ª	43.6/43.4
of which sugars	g	3.54	5.9	11.8
of which lactose	g	≤ 0.18	≤ 0.3	≤ 0.6
Fibre (1.5% Energy)	g	0.9/0.96ª	1.5/1.6ª	3/3.2ª
Protein (20% Energy)	g	6	10	20
Water	mL	40.2 - 42	67 - 70	
Osmolarity	mosmol/L			-650
	mol/kg H_2O			-950
Minerals and trace elen				
Sodium	mg	36	60	120
Chloride	mg	48/46ª	80/60ª	'
Potassium	mg	96	160	
Calcium	mg	123	205	
Phosphorus	mg	72	120	
Magnesium	mg	9.6	16	
Iron	mg	1.5	2.5	
Zinc	mg	0.96	1.6	-
Copper	μg	225	375	
lodine	μg μg	22.5	37.5	
Selenium	μg μg	8.1	13.5	
Manganese	μg mg	0.3		1
Chromium	-	7.5	12.5	
Molybdenum	μg	11.3	18.8	
Fluoride	μg	0.15	0.25	0.5
Vitamins	mg	0.15	0.25	0.5
Vitamin A	μg RE°	127.5	213	425
of which β-Carotene	μg RE° μg RE°	37.5	62.5	
Vitamin D3		37.5	62.5 5	
Vitamin D ₃ Vitamin E	μg ma α -TE ⁰⁰	3 2.25	5 3.75	
Vitamin E Vitamin Kı	mg α -TE°°	2.25	3.75	
Vitamin K ₁ Vitamin C	μg			
	mg	11.3	18.8	
Thiamin (vitamin B ₁)	mg	0.18		0.6
Riboflavin (vitamin B ₂)	mg	0.24	0.4	0.8
Vitamin B ₆	mg	0.25	0.43	
Niacin	mg NE°°°	3.51	5.58	11.2
Folic Acid	μg	37.5	62.5	1 .20
Vitamin B ₁₂	μg	0.45	0.75	1.5
Pantothenic Acid	mg	0.9	1.5	3
Biotin	μg	5.64	9.4	18.8

*saturated fatty acids (SFA), **monounsaturated fatty acids (MUFA), ***polyunsaturated fatty acids (PUFA)

[«]Chocolate flavour °retinol equivalents (RE), °°alpha-tocopherol equivalents (α-TE), °°°niacin equivalents (NE)



General Information

Food for special medical purposes:

Nutritionally complete, high-caloric (2.0 kcal/mL), high protein (20 g/bottle) oral nutritional supplement with fibre. For the dietary management of patients with or at risk of malnutrition in particular for patients with increased energy and protein needs and/or fluid restriction.

Dosage:

To be determined by a healthcare professional according to patients' needs. Recommendation for supplementary nutrition, 1-2 bottles (400-800 kcal)/day or complete nutrition, 4 - 5 bottles (1600 - 2000 kcal)/day

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children <3 years. Use with caution in children <6 years Not suitable for patients with galactosaemia. Ensure adequate fluid intake. Not for parenteral (I.V.) use!

Instruction for use:

Best served chilled. Shake well before use. Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours.

Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 kcal Fibre DRINK.

Ingredients

Fresubin 2 kcal Fibre DRINK Vanilla: Water, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), calcium caseinate (from milk), milk proteins, sugar, inulin, maltodextrin, wheat dextrin, potassium citrate, flavouring, emulsifiers (E 471, soya lecithins), potassium carbonate, acidity regulator (E 507), sodium chloride, sodium carbonate, vitamin C, magnesium oxide, ferric diphosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, cupric sulphate, riboflavin, vitamin B_6 , thiamin, sodium fluoride, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B₁₂

Allergen Information: Contains milk and soy. Low lactose and gluten free.

Halal & Kosher certified.

Product ingredients for one flavour only. Detailed ingredient lists of the other flavours can be requested from ensupport-anz@fresenius-kabi.com

Flavours

Vanilla, Chocolate, Neutral, Lemon

References

1. Milne AC, Potter J, Vivanti A, Avenell A: Protein and energy supplementation in elderly people at risk from malnutrition. Cochrane.Database.Syst.Rev 2009, CD003288 2. Raynaud-Simon A, Revel-Delhom C, Hebuterne X: Clinical practice guidelines from the French High Authority for Health: nutritional support strategy in protein-energy malnutrition in the elderly. Clin Nutr 2011, 30: 312-319. 3. Cawood AL, Elia M, Stratton RJ: Systematic review and meta-analysis of the effects of high-protein oral nutritional supplements. Ageing Res Rev 2012, 11: 278-296. 4. Lochs H, Allison SP, Meier R, Pirlich M, Kondrug J, Schneider S, et al. Introductory to the ESPEN Guidelines on Enteral Nutrition: terminology, definitions and general topics. Clin Nutr 2006; 25: 180-6. 5. Hubbard GP, Elia M, Holdoway A, Stratton RJ: A systematic review of compliance to oral nutritional supplements. Clin Nutr 2012, 31: 293-312. 6. National Health and Medical Research Council: Nutrient Reference Values Australia and New Zealand. https://www.eatforhealth.gov.au/nutrient-reference-values. Accessed May, 2023.

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