

ProvideXtra® DRINK

Available in five delicious flavours
in 200 ml EasyBottle



Nutritional Information

Average content		100 ml	bottle = 200 ml
Energy value			
	kJ	630	1260
	(kcal)	(150)	(300)
Fat	g	0.0	0.0
of which saturated fatty acids	g	0.0	0.0
Carbohydrate	g	33.5	67.0
of which sugars	g	8.8/8.4 ^a /8.9 ^c	17.6/16.8 ^a /17.8 ^c
of which lactose	g	0.0	0.0
Fibre	g	0.0	0.0
Protein	g	4.0	8.0
Salt (Na x 2.5)	g	0.24	0.48
Water	ml	75	150
Osmolarity	mosmol/l	700/690 ^b /680 ^b	
Minerals and trace elements			
Sodium	mg	97	194
Chloride	mg	50	100
Potassium	mg	55	110
Calcium	mg	40	80
Phosphorus	mg	43	86
Magnesium	mg	30	60
Iron	mg	2.5	5.0
Zinc	mg	1.88	3.76
Copper	µg	375	750
Iodine	µg	37.5	75.0
Selenium	µg	12.5	25.0
Manganese	mg	0.5	1.0
Chromium	µg	12.5	25.0
Molybdenum	µg	18.8	37.6
Fluoride	mg	0.25	0.5
Vitamins			
Vitamin A	µg RE ^o	150	300
Vitamin D ₃	µg	2.5	5.0
Vitamin E	mg α-TE ^{oo}	3.75	7.5
Vitamin K ₁	µg	25	50
Vitamin C	mg	18.8	37.6
Thiamin (vitamin B ₁)	mg	0.3	0.6
Riboflavin (vitamin B ₂)	mg	0.4	0.8
Vitamin B ₆	mg	0.43	0.86
Niacin	mg/mg NE ^{ooo}	3.75/4.08	7.5/8.2
Folic Acid	µg	62.5	125
Vitamin B ₁₂	µg	0.75	1.5
Pantothenic Acid	mg	1.5	3.0
Biotin	µg	9.4	18.8
Caloric distribution (energy%)			
Fat 0, carbohydrate 89, fibre 0, protein 11			
a = Flavour Lemon & Lime, b = Flavour Orange-Pineapple, c = Flavour Blackcurrant			
^o retinol equivalents (RE), ^{oo} alpha-tocopherol equivalents (α-TE), ^{ooo} niacin equivalents (NE)			

General information

Food for special medical purposes:

Juice-style, high-caloric (1.5 kcal/ml) oral nutritional supplement with hydrolysed vegetable protein. Milk and soya protein free. Fat and fibre free; lactose and gluten free. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy needs and/or malabsorption including the preoperative dietary management of surgical patients.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 2 bottles (600 kcal)/day.

Important notes:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years.

Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

Ingredients

Water, maltodextrin, sucrose, pea protein hydrolysate, orange juice concentrate^{***}, blackcurrant juice concentrate^{*}, apple juice concentrate[^], cherry juice concentrate^{**}, acidity regulator (E 330^{^^}/E 296[^]), flavourings[□], calcium citrate[□], magnesium citrate[□], vit. C, potassium chloride, magnesium chloride, stabiliser (E 440), potassium citrate^{^^}, iron citrate, vit. E, zinc sulphate, niacin, pantothenic acid, antifoaming agent (E 471), manganese chloride, copper sulphate, vit. B₆, vit. B₂, sodium fluoride, vit. B₁, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, vit. K₁, sodium molybdate, biotin, vit. D₃, vit. B₁₂.

^{*}only in flavour Blackcurrant, ^{**}Only in flavour Cherry, ^{***}Only in flavour Orange-Pineapple,

[^]only in flavour Apple, ^{^^}Not in flavour Apple, ^{^^^}Not in flavour Cherry, Blackcurrant and Orange-Pineapple,

[□] amount/position depending on flavour

Flavours

Apple, Blackcurrant, Cherry, Lemon & Lime, Orange-Pineapple

last updated: 09/2019