



Ingredients

50 ml	Fresubin 2 kcal DRINK Toffee
50 ml	full-fat milk (3.5% fat)
1	egg yolk
1 table-spoon	sugar

Nutritional information per serving:

Energy	269 kcal
Protein	10.2 g
Fat	13.0 g
Carbohydrate	29.0 g
Fibre	0.0 g



Alternative products:

Fresubin® Energy Fibre DRINK

Preparation

Pour Fresubin 2 kcal DRINK Toffee and milk into a casserole dish and warm up. Mix egg yolk and sugar and add the mixture to the casserole dish stirring constantly.

Cook until the crème leaves a coat on the cooking spoon. Sieve the crème and allow to cool.

TIP:

Enjoy with fresh fruits.