

Strawberry "paradise"

Drink

level 

 1

 3 min



Ingredients

1 sachet Calshake Strawberry
240 ml full-fat milk (3.5 % fat)
40 ml coconut milk

Nutritional information per serving:

Energy 593 kcal
Protein 11.8 g
Fat 30.0 g
Carbohydrate 70.0 g
Fibre 0.0 g



Preparation

Put milk, coconut milk and Calshake Strawberry powder into a shaker and shake until the powder has dissolved.

TIP:

Purée fresh strawberries and add to the shake.

