



Ingredients

100 ml	Fresubin Energy DRINK Cappuccino
6	sponge fingers
5 g	instant coffee powder (1 teaspoon)
60 g	mascarpone
10 g	sugar
3 g	cocoa (1/2 teaspoon)
2 g	gelatine (1 sheet)

Nutritional information per serving:

Energy	613 kcal
Protein.....	15.5 g
Fat	32.0 g
Carbohydrate	64.0 g
Fibre.....	3.6 g



Alternative products:

Fresubin® 2 kcal/Fibre DRINK
Fresubin® Protein Energy DRINK

Preparation

Dissolve the coffee powder in 30 ml of heated Fresubin Energy DRINK Cappuccino, then leave to cool.

Place 3 sponge fingers in a ramekin and pour half of the coffee over the fingers. Mix the mascarpone, the Fresubin Energy DRINK Cappuccino, the softened or dissolved gelatine and sugar and pour over the sponge fingers.

Place the remaining sponge fingers on top of the mixture and sprinkle with drops of coffee. Before serving dust with cocoa powder.

TIP:

Add raspberries to the mascarpone.