

Tropical fruits vanilla shake

Drink

level 

 1

 3 min



Ingredients

200 ml Fresubin Energy DRINK
Tropical Fruits, chilled

2 table-
spoons vanilla ice cream (60 g)

Nutritional information per serving:

Energy 368 kcal
Protein 14.0 g
Fat 15.0 g
Carbohydrate 45.0 g
Fibre 10.4 g



Alternative products:

Fresubin® Protein Energy DRINK

Preparation

Put ingredients in a blender. Blend for 15-20 seconds and then serve immediately.

TIP:

Try using
Fresubin Energy
DRINK Vanilla
with vanilla or
strawberry
ice cream.