

Vanilla mousse



Sweet

level

 2

 5 min



Ingredients

- 200 ml Frebini Energy Fibre DRINK Vanilla
- 100 ml full-fat milk, 3.5% instant vanilla mousse powder (for 250 ml milk)

Nutritional information per serving:

Energy218 kcal
Protein.....6.4 g
Fat9.0 g
Carbohydrate27.0 g
Fibre.....1.1 g



Alternative products:

- Fresubin® Original DRINK
- Fresubin® Energy/Fibre DRINK
- Fresubin® Protein Energy DRINK
- Fresubin® 2 kcal/Fibre DRINK

Preparation

Mix the milk and the Frebini Energy Fibre DRINK Vanilla in a bowl. Add the instant vanilla mousse powder and whip as long as the packet states. Put in the fridge to chill.

To serve place in a bowl and garnish with fresh fruits.

TIP:

Use another flavour (e.g. Frebini Energy Fibre DRINK Chocolate).