FRESENIUS KABI

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Survimed® OPD

Designed for malabsorption

1.0 kcal/mL peptide-based tube feed with 52 % (of fat) medium chain triglycerides (MCT) for the dietary management of patients with or at risk of malnutrition, in particular those with malabsorption

for complete nutrition*

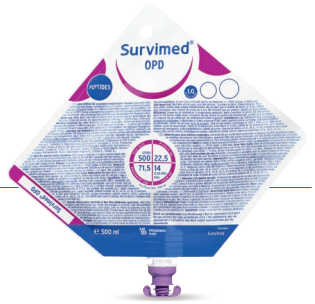
- Hydrolysed whey protein for easier absorption[1]
- Modified fat profile high in medium chain triglycerides (MCT), with fish oil to promote anti-inflammation[2,3]
- Iso-osmolar formulation (290 mosmol/L) to support gastro-intestinal tolerance
- Fibre free for those who cannot tolerate fibre

*Meets nutrient reference values required for complete nutrition[4]

For Healthcare Professionals Only

Survimed® OPD

Ready to use in 500 mL EasyBag



Nutritional Information

Average content		100 mL
Energy value	kJ (= kcal)	420 (100)
Fat (25% Energy)	g	2.8
of which SFA*	g	1.5
of which medium chain triglycerides	g	1.4
of which MUFA**	g	0.7
of which PUFA***	g	0.60
of which EPA**** + DHA*****	g	0.04
Carbohydrate (57% Energy)	g	14.3
of which sugars	g	1.1
of which lactose	g	≤0.2
Fibre (0% Energy)	g	< 0.1
Protein (18% Energy)	g	4.5
Water	mL	85
Osmolarity	mosmol/L	290
Osmolality	mosmol/kg H_2O	340
Minerals and trace elements		
Sodium	mg/mmol	80/3.5
Chloride	mg/mmol	83/2.3
Potassium	mg/mmol	200/5.1
Calcium	mg/mmol	65/1.6
Phosphorus	mg/mmol	48/1.6
Magnesium	mg/mmol	25/1.0
Iron	mg	1.3
Zinc	mg	1.2
Copper	µg	133
Iodine	µg	13.3
Selenium	µg	6.7
Manganese	mg	0.3
Chromium	µg	6.7
Molybdenum	µg	10
Fluoride	mg	0.13
Vitamins and other nutrients		
Vitamin A	µg RE°	92
Vitamin D	µg	1.0
Vitamin E	mg α-TE°°	1.3
Vitamin K	µg	6.7
Vitamin C	mg	8.0
Thiamin (vitamin B_1)	mg	0.13
Riboflavin (vitamin B_2)	mg	0.17
Vitamin B_6	mg	0.16
Niacin	mg	1.00
Folic Acid	µg	26.7
Vitamin B_{12}	µg	0.27
Pantothenic Acid	mg	0.47
Biotin	µg	5.0
Choline	mg	36.7

*saturated fatty acids (SFA), **monounsaturated fatty acids (MUFA), ***polyunsaturated fatty acids (PUFA), ****eicosapentaenoic acid (EPA), *****docosahexaenic acid (DHA)
°retinol equivalents (RE), °°alpha-tocopherol equivalents (α-TE)

General Information

Food for special medical purposes:
Survimed® OPD is a nutritionally complete 1 kcal/mL peptide based tube feed with whey protein, fish oil, MCT and fibre-free. For the dietary management of patients with or at risk of disease-related malnutrition, in particular with malabsorption.

Dosage:
To be determined by a healthcare professional according to patients' needs. Recommendation for complete nutrition ≥ 1500mL / day (1500 kcal) /day.

Important notice:
To be used under medical supervision. Monitor feeding rate. Suitable as a sole source of nutrition. Not suitable for children <3 years. Use with caution in children <6 years. Not suitable for patients with galactosaemia. Ensure adequate fluitd intake.

Not for parenteral (I.V.) use.

Instructions for use:
Recommended tube size is ≥ FR 5 for pump assisted feeding and for gravity feeding the minimum tube size is ≥ FR 8. Store at room temperature. Once opened, use within 24 hours. Shake well before use! Do not use if bag is damaged or swollen or content is coagulated. Do not mix with drugs.

Additional considerations:
Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Survimed® OPD.

Ingredients

Survimed® OPD: Water, maltodextrin, hydrolysed whey protein (from milk), medium chain triglycerides, vegetable oils (rapeseed oil, safflower oil), potassium phosphate, calcium citrate, fish oil, sodium chloride, stabilisers (E 460, E 466), vitamin C, choline chloride, magnesium oxide, potassium chloride, emulsifier (E 472c), ferrous sulphate, zinc sulphate, vitamin E, niacin, manganese chloride, pantothenic acid, cupric sulphate, sodium fluoride, thiamin, riboflavin, vitamin B_6, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, sodium selenite, biotin, potassium iodide, vitamin K, vitamin D, vitamin B_{12}.

Allergen Information: Contains milk and fish oil. Low lactose and gluten free.

Halal & Kosher certified.

References

1. Alexander DD, Bylsma LC, Elkayam L, et al. Nutritional and health benefits of semi-elemental diets: A comprehensive summary of the literature. World J Gastrointest Pharmacol Ther. 2016; 7(2): 306-319. **2.** Hegazi RA, Wischmeyer PE. Clinical review: optimizing enteral nutrition for critically ill patients - a simple data-driven formula. Crit Care. 2011; 15(6): 234. **3.** Calder PC. Marine omega-3 fatty acids and inflammatory processes: Effects, mechanisms and clinical relevance. Biochem Biophys Acta. 2015; 1851(4): 469-484. **4.** National Health and Medical Research Council: Nutrient Reference Values Australia and New Zealand. https://www.eatforhealth. gov.au/nutrient-reference-values. Accessed September, 2023.

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