

# Tuna spread

Savoury

level 

 1

 15 min



## Ingredients

60 ml	Fresubin 2 kcal DRINK Neutral
100 g	tuna, tinned, in water
20 g	radishes
20 g	gherkins
1 slice	bread
20 g	onions, peeled
	salt, pepper, chopped chives

## Nutritional information per serving:

Energy .....	243 kcal
Protein .....	30.9 g
Fat .....	5.4 g
Carbohydrate .....	16.9 g
Fibre .....	0.0 g



## Alternative products:

Fresubin® Energy DRINK

## Preparation

Mince the drained tuna with a fork and mix with Fresubin 2 kcal DRINK Neutral. Dice radishes, gherkins and onions and add to the tuna. Season with the spices.

Spread on a slice of bread and sprinkle with the chopped chives.

### TIP:

We recommend rice with peppers and a green salad as side dish.