

Fresubin® Energy/Energy Fibre

Ready to use, both available in 500 ml or 1000 ml EasyBag, Fresubin Energy also in 1500 ml EasyBag



Nutritional Information

Average content		100 ml
Energy value	kJ	630
	(= kcal)	150
Fat	g	5.8
of which saturated fatty acids	g	0.5
of which monounsaturated fatty acids	g	3.7
of which polyunsaturated fatty acids	g	1.6
of which EPA* + DHA**	g	0.05
Carbohydrate	g	18.8 18.0 ^F
of which sugars	g	1.15 1.2 ^F
of which lactose	g	≤ 0.1 0.03 ^F
Fibre	g	0 1.5 ^F
Protein	g	5.6
Salt (Na x 2.5)	g	0.25
Water	ml	78 76 ^F
Osmolarity	mosmol/l	330 325 ^F
Minerals and trace elements		
Sodium	mg/mmol	100/4.3
Chloride	mg/mmol	153/4.3
Potassium	mg/mmol	207/5.3
Calcium	mg/mmol	80 67 ^F /2.0 1.7 ^F
Phosphorus	mg/mmol	63 53 ^F /2.0 1.7 ^F
Magnesium	mg/mmol	27 24 ^F /1.1 1.0 ^F
Iron	mg	1.33
Zinc	mg	1.2
Copper	µg	130
Iodine	µg	13.3
Selenium	µg	6.7
Manganese	mg	0.27
Chromium	µg	6.7
Molybdenum	µg	10
Fluoride	mg	0.13
Vitamins and other^F nutrients		
Vitamin A	µg RE [°]	92
of which β-Carotene	µg RE [°]	22
Vitamin D ₃	µg	1.3
Vitamin E	mg α-TE ^{°°}	3.0
Vitamin K ₁	µg	6.67
Vitamin C	mg	6.67
Thiamin (vitamin B ₁)	mg	0.13
Riboflavin (vitamin B ₂)	mg	0.17
Vitamin B ₆	mg	0.16
Niacin	mg/mg NE ^{°°°}	1.6/2.6 (2.9 ^F)
Folic Acid	µg	26.7
Vitamin B ₁₂	µg	0.27
Pantothenic Acid	mg	0.47
Biotin	µg	5.0
Choline ^F	mg	36.7
Caloric distribution (energy%):		
Fat 35, carbohydrate 50 48 ^F , fibre 0 2 ^F , protein 15		
F = Fresubin Energy Fibre		
*eicosapentaenoic acid (EPA), **docosahexaenoic acid (DHA)		
° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)		

General Information

Food for special medical purposes:

Nutritionally complete high-caloric (1.5 kcal/ml) tube feed. Fresubin Energy is fibre free / Fresubin Energy Fibre contains fibre. With fish oil. Clinically free from lactose and gluten free. For the dietary management of patients with or at risk of disease-related malnutrition, in particular with increased energy needs and/or fluid restrictions.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendations for complete nutrition ≥ 1500 ml (2250 kcal) / day.

Important notes:

To be used under medical supervision. Monitor feeding rate. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake. **Not for parenteral (I.V.) use!**

Instructions for use:

Recommended tube size: ≥ CH 5 for pump assisted feeding and for gravity feeding the minimum tube size is CH 8. Store at room temperature. Once opened, use within 24 hours. Shake well before use! Do not use if bag is damaged or swollen or content is coagulated. Do not mix with drugs.

Ingredients

Fresubin Energy: Water, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), milk protein, whey protein, potassium citrate, emulsifiers (E 471, soya lecithins), fish oil, magnesium chloride, sodium citrate, potassium chloride, calcium phosphate, calcium chloride, choline hydrogen tartrate, stabilisers (E 460, E 466), vit. C, magnesium oxide, iron sulphate, zinc sulphate, niacin, vit. E, manganese chloride, pantothenic acid, sodium fluoride, vit. B₂, copper sulphate, vit. B₆, vit. B₁, vit. A, β-carotene, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, biotin, vit. K₁, vit. D₃, vit. B₁₂

Fresubin Energy Fibre: Water, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), milk protein, soya protein, inulin (from chicory), cellulose, wheat dextrin, potassium citrate, potassium chloride, fish oil, calcium carbonate, emulsifiers (E 471, soya lecithins), choline hydrogen tartrate, stabilisers (E 460, E 466), sodium chloride, magnesium oxide, vit. C, calcium phosphate, iron sulphate, zinc sulphate, niacin, vit. E, manganese chloride, pantothenic acid, vit. B₁, sodium fluoride, vit. B₂, vit. B₆, copper sulphate, vit. A, β-carotene, folic acid, chromium chloride, potassium iodide, sodium selenite, sodium molybdate, biotin, vit. D₃, vit. K₁, vit. B₁₂

last updated: 09/2019