

Fresubin® Original / Original Fibre

Ready to use, both available in 500 ml or 1000 ml EasyBag, Fresubin Original also in 1500 ml EasyBag



Nutritional Information

Average content		100 ml	
Energy value			
			420
	(= kcal)		100
Fat	g		3.4
of which saturated fatty acids	g		0.3
of which monounsaturated fatty acids	g		2.1
of which polyunsaturated fatty acids	g		1.0
of which EPA* + DHA**	g		0.03
Carbohydrate	g	13.8	13.0 ^F
of which sugars	g	0.85	0.9 ^F
of which lactose	g	≤ 0.01	
Fibre	g	0	1.5 ^F
Protein	g		3.8
Salt (Na x 2.5)	g	0.19	0.33 ^F
Water	ml		84
Osmolarity	mosmol/l	220	285 ^F
Minerals and trace elements			
Sodium	mg/mmol	75	133 ^F /3.3 5.8 ^F
Chloride	mg/mmol	115	153 ^F /3.3 4.3 ^F
Potassium	mg/mmol	125	155 ^F /3.2 4.0 ^F
Calcium	mg/mmol		80/2.0
Phosphorus	mg/mmol		63/2.0
Magnesium	mg/mmol		25/1.0
Iron	mg		1.3
Zinc	mg		1.2
Copper	µg		133
Iodine	µg		13.3
Selenium	µg		6.7
Manganese	mg		0.27
Chromium	µg		6.7
Molybdenum	µg		10
Fluoride	mg		0.13
Vitamins and other[#] nutrients			
Vitamin A	µg RE [°]		92
of which β-Carotene	µg RE [°]		22
Vitamin D ₃	µg		1.3
Vitamin E	mg α-TE ^{°°}		1.3
Vitamin K ₁	µg		6.7
Vitamin C	mg		6.7
Thiamin (vitamin B ₁)	mg		0.13
Riboflavin (vitamin B ₂)	mg		0.17
Vitamin B ₆	mg		0.16
Niacin	mg/mg NE ^{°°°}	1.6	2.4
Folic Acid	µg		26.7
Vitamin B ₁₂	µg		0.27
Pantothenic Acid	mg		0.47
Biotin	µg		5
Choline [#]	mg		36.7
Caloric distribution (energy %):			
Fat 30, carbohydrate 55 52 ^F , fibre 0 3 ^F , protein 15			
F = Fresubin Original Fibre			
*eicosapentaenoic acid (EPA), **docosahexaenoic acid (DHA)			
° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)			

General Information

Food for special medical purposes:

Nutritionally complete 1 kcal/ml tube feed, Fresubin Original is fibre free / Fresubin Original Fibre contains fibre. With fish oil. Clinically free from lactose and gluten free. For the dietary management of patients with or at risk of disease-related malnutrition.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for complete nutrition ≥ 1500 ml (1500 kcal) / day.

Important notes:

To be used under medical supervision. Monitor feeding rate. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake. **Not for parenteral (I.V.) use!**

Instructions for use:

Recommended tube size is ≥ CH 5 for pump assisted feeding and for gravity feeding the minimum tube size is CH 8. Store at room temperature. Once opened, use within 24 hours. Shake well before use! Do not use if bag is damaged or swollen or content is coagulated. Do not mix with drugs.

Ingredients

Fresubin Original: Water, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), milk protein, soya protein, calcium carbonate, potassium chloride, emulsifiers (soya lecithins, E 471), potassium hydrogen phosphate, stabilisers (E 460, E 466), fish oil, magnesium chloride, choline hydrogen tartrate, sodium citrate, calcium phosphate, sodium chloride, vit. C, magnesium oxide, potassium citrate, iron sulphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, sodium fluoride, vit. B₁, vit. B₂, vit. B₆, vit. E, copper sulphate, vit. A, β-carotene, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, biotin, vit. K₁ vit. D₃, vit. B₁₂

Fresubin Original Fibre: Water, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), milk protein, soya protein, inulin (from chicory), cellulose, wheat dextrin, potassium citrate, sodium chloride, calcium carbonate, emulsifiers (soya lecithins, E 471), potassium hydrogen phosphate, stabilisers (E 460, E 466), magnesium chloride, fish oil, choline hydrogen tartrate, calcium phosphate, sodium citrate, vit. C, magnesium oxide, iron sulphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, sodium fluoride, vit. B₁, vit. B₂, vit. B₆, vit. E, copper sulphate, vit. A, β-carotene, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, biotin, vit. K₁ vit. D₃, vit. B₁₂

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caring for life

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