

Green pea soup with wieners



Ingredients

100 ml	Fresubin 2 kcal DRINK Neutral
200 g	green peas, deep-frozen or fresh
150 g	potatoes
100 ml	vegetable stock
10 g	butter (1 heaped teaspoon)
20 g	onions
100 g	Wieners
	salt, pepper, marjoram

Nutritional information per serving:

Energy	758 kcal
Protein	37.3 g
Fat	37.5 g
Carbohydrate	66.7 g
Fibre	0.0 g



Alternative products:

Fresubin® Energy DRINK

Preparation

Dice onions into small cubes and stew in butter until glazed. Add the peas and diced potatoes, fill with vegetable stock, season and cook. Blend the stew when cooked.

Add Fresubin 2 kcal DRINK Neutral, heat under constant stirring and season.

Cut the sausages into slices and add to the soup.

TIP:

You can substitute the peas for broccoli or cauliflower without problems.