

Jelly with cassis

Sweet

level 

 1

 20 min



Ingredients

200 ml	Fresubin Energy DRINK Blackcurrant
100 ml	red grape-juice
10 g	sugar
1 tea-spoon	lemon juice
8 g	gelatine (4 sheets)
10	grapes (50 g)

Nutritional information per serving:

Energy	479 kcal
Protein	19.0 g
Fat	12.0 g
Carbohydrate	71.0 g
Fibre	0.8 g



Alternative products:

Fresubin® Original DRINK
Fresubin® Jucy DRINK
ProvideXtra® DRINK

Preparation

Carefully stir together the Fresubin Energy DRINK Blackcurrant with the sugar, grape-juice and lemon juice. Soften the gelatine, squeeze out and then dissolve over a bain-marie.

Carefully stir Fresubin Energy DRINK Blackcurrant into the gelatine. Halve the grapes, remove the pips and put grapes into small bowl. Pour on the liquid, leave to set.

TIP:

You may also wish to decorate it with whipped cream.