

Scrambled eggs

Savoury

level 

 1

 5 min



Ingredients

100 ml Fresubin 2 kcal DRINK Neutral
120 ml eggs
a small piece of butter/
margarine
salt, pepper

Nutritional information per serving:

Energy 513 kcal
Protein 24.4 g
Fat 35.6 g
Carbohydrate 24.5 g
Fibre 0.0 g



Alternative products:

Fresubin® Energy DRINK

Preparation

Mix the eggs, Fresubin 2 kcal DRINK Neutral and the herbs. Melt butter/margarine in a pan.

Add the egg mixture and fry, stirring occasionally, until the mixture reaches a soft and creamy consistency.

TIP:

For a more savoury taste, add grated cheese. If you prefer a more sweet taste, substitute the spices with a handful of cornflakes and flavour with sugar and cinnamon.