



### Ingredients

200 ml	Fresubin Protein Energy DRINK Vanilla
100 g	tinned peaches
100 ml	yoghurt (3.5% fat)
10 g	sugar

### Nutritional information per serving:

Energy .....	476 kcal
Protein .....	24.3 g
Fat .....	17.0 g
Carbohydrate .....	54.0 g
Fibre .....	1.1 g



### Alternative products:

Fresubin® Original DRINK  
Fresubin® Energy/DRINK  
Fresubin® 2 kcal/Fibre DRINK  
Fresubin® Energy Fibre DRINK

### Preparation

Purée the peach together with the yoghurt, the sugar and Fresubin Protein Energy DRINK Vanilla.

### TIP:

Alternatively use apricots.