

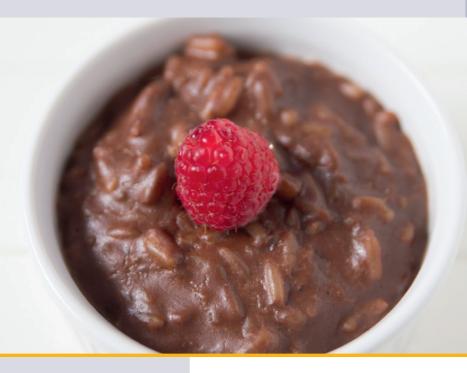
Chocolate rice pudding

Sweet









Ingredients

600 ml Fresubin 2 kcal Fibre

DRINK Chocolate

(3 bottles)

600 ml full fat milk (3.5% fat)

250 g rice pudding

salt

Nutritional information per serving:

:al

Energy	405 kc
Protein	19.4 g
Fat	16.0 g
Carbohydrate	44.0 g
Fibre	2.3 g



Alternative products:

Fresubin® Original DRINK Fresubin® Energy/Fibre DRINK Fresubin® Protein Energy DRINK Frebini® Energy Fibre DRINK

Preparation

Mix milk, 2 bottles (400 ml) Fresubin 2 kcal Fibre DRINK Chocolate and a dash of salt and boil it up. Add 250 g of rice and let it boil on a moderate heat for 40 minutes stirring frequently. Let the rice pudding simmer for 15 minutes and stir in 1 bottle (200 ml) Fresubin 2 kcal Fibre DRINK Chocolate.

Serve into portions, if desired with cinnamon/sugar and morello cherries. Garnish or decorate with grated dark chocolate.

This amount is suitable for 4-5 portions as a main dish or 8-10 dessert portions.

TIP:

If the rice pudding is to be served as a cold dessert, add 2 bottles (400 ml) Fresubin 2 kcal Fibre DRINK instead of 1 bottle (200 ml) at the end.



