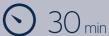


Turkey soup

Savoury









Ingredients

200 ml Fresubin Energy DRINK

Neutral

breast of turkey, 100 g

ready-to-cook

20 g butter 30 g onions 150 ml meat stock 20 ml cream (30% fat) plain flour

30 g 10 g chopped parsley

> curry powder, garlic, sage, lemon juice, salt

Nutritional information per serving:

Energy736 kcal Protein.....40.3 g Fat 36.0 g Carbohydrate 62.0 g Fibre.....21 g

Alternative products: Fresubin® 2 kcal/Fibre DRINK



Preparation

Gently fry the turkey breast and onions in the butter. Sprinkle with curry powder. Pour in 3/4 of the stock and leave to cook. Make a smooth paste with the flour and the remaining stock and stir in until the soup thickens. Add Fresubin Energy DRINK Neutral. Bring to the boil and then season to taste.

Add the parsley before serving.

Garnish with cream.

TIP:

As an alternative add pineapple chunks, banana slices and orange slices.



