

# Fresubin® 5 kcal Shot

Available in two flavours  
in 120 ml EasyBottle

## Nutritional Information

Average content		100 ml	bottle = 120 ml
<b>Energy value</b>			
	kJ	2100	2520
	(= kcal)	(500)	(600)
<b>Fat</b>	g	53.8	64.6
of which saturated fatty acids	g	16.7	20.04
of which medium chain triglycerides (MCT)	g	13.9	16.7
of which monounsaturated fatty acids	g	24.6	29.5
of which polyunsaturated fatty acids	g	12.5	15
<b>Carbohydrate</b>	g	4.0	4.8
of which sugars	g	4.0	4.8
of which lactose	g	0	0
<b>Fibre</b>	g	0.4	0.48
<b>Protein</b>	g	0	0
<b>Salt (Na x 2.5)</b>	g	0	0
<b>Water</b>	ml	40	48
<b>Vitamins</b>			
Vitamin E	mg α-TE°	14.0	16.8
Vitamin K <sub>1</sub>	µg	38.0	45.6
<b>Average content</b>		<b>per 30 ml</b>	
<b>Energy value</b>			
	kJ		630
	(= kcal)		(150)
<b>Fat</b>	g		16.1
of which saturated fatty acids	g		5
of which medium chain triglycerides			4.2
of which monounsaturated fatty acids	g		7.4
of which polyunsaturated fatty acids	g		3.8
<b>Carbohydrate</b>	g		1.2
of which sugars	g		1.2
of which lactose	g		0
<b>Fibre</b>	g		0.1
<b>Protein</b>	g		0
<b>Salt (Na x 2.5)</b>	g		0
<b>Water</b>	ml		12
<b>Vitamins</b>			
Vitamin E	mg α-TE°		4.2
Vitamin K <sub>1</sub>	µg		11.4
<b>Caloric distribution (energy%):</b>			
Fat 96.8, carbohydrate 3.2, fibre 0, protein 0			
°alpha-tocopherol equivalents (α-TE)			

## General Information



### Food for special medical purposes:

High-caloric (5.0 kcal/ml), oral nutritional supplement (fat emulsion) with long and medium chain triglycerides. Lactose and gluten free. For the dietary management of patients with or at risk of disease-related malnutrition in particular with high energy needs or low volume tolerance.

### Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 3–4 x 30 ml/day (450–600 kcal). Intake should not exceed 50% of patients' total energy needs.

### Important notes:

To be used under medical supervision. Not suitable as the sole source of nutrition. Not suitable for children < 3 years. Ensure adequate fluid intake.

### Instructions for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 14 days and used under hygienic conditions. Packaged in a protective atmosphere.

## Ingredients

Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E 472c), stabiliser (E 460, E 466)<sup>§</sup>, flavourings<sup>§</sup>, thickener (E 415).

<sup>§</sup>amount / position depending on flavour

## Flavours

Lemon, Neutral

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**FRESENIUS  
KABI**

caring for life

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