

Fresubin® 2 kcal Crème

Available in five delicious flavours
in 125 g Cup



Nutritional Information

Average content	Fresubin 2 kcal Crème		
		100 g	cup = 125 g
Energy value			
		kJ	840
		(kcal)	(200)
			1050
			(250)
Fat		g	7.8
of which saturated fatty acids	g	0.55/0.67 ^a	0.68/0.84 ^a
of which monounsaturated fatty acids	g	5.8	7.3
of which polyunsaturated fatty acids	g	1.4/1.32 ^a	1.8/1.7 ^a
Carbohydrate		g	22.5/22.4 ^a
of which sugars	g	11 ^b /13.4/13.5 ^a	13.8 ^b /16.8/16.9 ^a
of which lactose	g	< 0.5	< 0.63
Fibre		g	0/0.3 ^a
Protein		g	10
Salt (Na x 2.5)		g	0.16/0.21 ^a
Water		ml	57 ^a -58
Minerals and trace elements			
Sodium	mg	65-82 ^a	81-103 ^a
Chloride	mg	62	78
Potassium	mg	167	209
Calcium	mg	196-205 ^a	245-256 ^a
Phosphorus	mg	125	156
Magnesium	mg	16	20
Iron	mg	2.5	3.1
Zinc	mg	2.0	2.5
Copper	µg	375	469
Iodine	µg	37.6	47
Selenium	µg	14	17.5
Manganese	mg	0.5	0.6
Chromium	µg	13	16
Molybdenum	µg	18.8	23.5
Fluoride	mg	0.25	0.3
Vitamins			
Vitamin A	µg RE ^o	213	266
of which β-Carotene	µg RE ^o	62.5	78.25
Vitamin D ₃	µg	5	6
Vitamin E	mg α-TE ^{oo}	2/3.75	2.5/4.69
Vitamin K ₁	µg	21	26
Vitamin C	mg	18.8	23.5
Thiamin (vitamin B ₁)	mg	0.3	0.4
Riboflavin (vitamin B ₂)	mg	0.4	0.5
Vitamin B ₆	mg	0.43	0.54
Niacin	mg/mg NE ^{ooo}	2/3.75	2.5/4.69
Folic acid	µg	62.5	78.1
Vitamin B ₁₂	µg	0.75	0.94
Pantothenic Acid	mg	1.5	1.9
Biotin	µg	9.4	11.8
Caloric distribution (energy%)			
Fat 35, carbohydrate 45/44.7 ^a , fibre 0.0/0.3 ^a , protein 20			
a = Flavour Chocolate, b = Flavour Vanilla, c = Flavour Cappuccino, d = Only in flavour Vanilla,			
e = Not in flavour Vanilla			
^o retinol equivalents (RE), ^{oo} alpha-tocopherol equivalents (α-TE), ^{ooo} niacin equivalents (NE)			

General Information

Food for special medical purposes:

Dessert style nutritionally complete, high-caloric (2.0 kcal / g), high protein (20 energy%) thickened oral nutritional supplement, fibre free¹. Low in lactose and gluten free². For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy and protein needs, fluid restrictions and/or dysphagia.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 3-4 cups (750-1000 kcal) / day or complete nutrition 7-8 cups (1750-2000 kcal) / day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

Instruction for use:

Store at room temperature. Opened cups may be stored in a refrigerator for up to 24 hours. Best served chilled. Stir gently before enjoying. Packaged in a protective atmosphere.

Ingredients

Fresubin 2 kcal Crème, flavour Chocolate: Water, milk protein, sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), chocolate powder (sugar, cocoa mass, fat-reduced cocoa powder, soya lecithins, flavouring), maize starch, flavourings, fat-reduced cocoa powder, maltodextrin, thickener (E 1442, E 407), acidity regulators (E 501, E 500), emulsifiers (E 471, soya lecithins), sodium citrate, colour (E 153), vit. C, sodium chloride, potassium citrate, iron pyrophosphate, zinc sulphate, magnesium oxide, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, sodium molybdate, chromium chloride, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Fresubin 2 kcal Crème, flavour Vanilla: Water, glucose syrup, milk protein, sucrose, vegetable oils (sunflower oil, rapeseed oil), maize starch, flavourings, thickeners (E1442, E407), potassium citrate, emulsifiers (E 471, soya lecithins), acidity regulator (E501), flavouring.

Fresubin 2 kcal Crème, flavour Wild Strawberry: Water, sucrose, milk protein, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, flavourings, maltodextrin, thickeners (E1442, E407), potassium citrate, emulsifiers (E471, soya lecithins), beetroot powder, acidity regulator (E501).

Fresubin 2 kcal Crème, flavour Cappuccino: Water, sucrose, milk protein, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, flavourings, maltodextrin, thickeners (E1442, E407), potassium citrate, emulsifiers (E 471, soya lecithins), acidity regulator (E 501).

Fresubin 2 kcal Crème, flavour Praliné: Water, sucrose, milk protein, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, maltodextrin, flavouring, thickeners (E 1442, E 407), potassium citrate, emulsifiers (E 471, soya lecithins), acidity regulator (E 501).

Flavours Vanilla, Wild Strawberry, Cappuccino, Praliné contain: Vit. C, sodium citrate, sodium chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, colours (E 160c)^d, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene^e, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Flavours

Cappuccino, Chocolate, Praliné, Vanilla, Wild Strawberry

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