

# Fresubin®

## 2 kcal / 2 kcal Fibre DRINK

Available in eleven delicious flavours  
in 200 ml EasyBottle

### Nutritional Information

Average content	Fresubin 2 kcal DRINK		
	Sweet	Fibre	Savoury
	100 ml   bottle = 200 ml		
<b>Energy value</b>	kJ (kcal)	840   1680 (200)   (400)	
<b>Fat</b>	g	7.8   15.6	
of which SFA*	g	0.6/0.7 <sup>a</sup>   1.2/1.4 <sup>a</sup>	
of which MUFA**	g	5.8   11.6	
of which PUFA***	g	1.4   2.8	
<b>Carbohydrate</b>	g	22.5   45	21.8/21.7 <sup>a</sup>   43.6/43.4 <sup>a</sup>
of which sugars	g	3.2-5.9	6.4-11.8
of which lactose	g	≤ 0.3	≤ 0.6
<b>Fibre</b>	g	0   0	1.5/1.6 <sup>a</sup>   3/3.2 <sup>a</sup>
<b>Protein</b>	g		10   20
<b>Salt (Na x 2.5)</b>	g	0.15   0.3	0.15   0.3
<b>Water</b>	ml		68-70   136-140
<b>Osmolarity</b>	mosmol/l	495-640	505-650
<b>Minerals and trace elements</b>			
Sodium	mg	60   120	60   120
Chloride	mg		80/60 <sup>a</sup>   160/120 <sup>a</sup>
Potassium	mg		160   320
Calcium	mg		205   410
Phosphorus	mg		120   240
Magnesium	mg		16   32
Iron	mg		2.5   5
Zinc	mg		1.6   3.2
Copper	µg		375   750
Iodine	µg		37.5   75
Selenium	µg		13.5   27
Manganese	mg		0.5   1
Chromium	µg		12.5   25
Molybdenum	µg		18.8   37.6
Fluoride	mg		0.25   0.5
<b>Vitamins</b>			
Vitamin A	µg RE <sup>o</sup>		212.5   425
of which β-Carotene	µg RE <sup>o</sup>		62.5   125
Vitamin D <sub>3</sub>	µg		5   10
Vitamin E	mg α-TE <sup>oo</sup>		3.75   7.5
Vitamin K <sub>1</sub>	µg		21   42
Vitamin C	mg		18.8   37.6
Thiamin (vitamin B <sub>1</sub> )	mg		0.3   0.6
Riboflavin (vitamin B <sub>2</sub> )	mg		0.4   0.8
Vitamin B <sub>6</sub>	mg		0.43   0.86
Niacin	mg/mg NE <sup>ooo</sup>		3.75/5.58   7.5/11.2
Folic Acid	µg		62.5   125
Vitamin B <sub>12</sub>	µg		0.75   1.5
Pantothenic Acid	mg		1.5   3
Biotin	µg		9.4   18.8
<b>Caloric distribution (energy%)</b>			
Fresubin 2 kcal DRINK: Fat 35, carbohydrate 45, fibre 0, protein 20			
Fresubin 2 kcal Fibre DRINK: Fat 35, carbohydrate 43.5/43.4 <sup>a</sup> , fibre 1.5/1.6 <sup>a</sup> , protein 20			
a = Fresubin 2 kcal Fibre DRINK Chocolate			
*saturated fatty acids (SFA), **monounsaturated fatty acids (MUFA), ***polyunsaturated fatty acids (PUFA)			
<sup>o</sup> retinol equivalents (RE), <sup>oo</sup> alpha-tocopherol equivalents (α-TE), <sup>ooo</sup> niacin equivalents (NE)			

### General Information



#### Food for special medical purposes:

Nutritionally complete, high-caloric (2.0 kcal / ml), high protein (20 energy%) oral nutritional supplement, fibre free (Fresubin 2 kcal DRINK) / with fibre (Fresubin 2 kcal Fibre DRINK). High in vitamin D. Clinically free from lactose, gluten free. Contains traces of caffeine (0.65 mg / 100 ml)<sup>o</sup>. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy and protein needs or fluid restrictions.

#### Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 1-2 bottles (400-800 kcal) / day or complete nutrition 4-5 bottles (1600-2000 kcal) / day.

#### Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

#### Instruction for use:

Store at room temperature. Shake well before use. **For hot consumption:** to warm Fresubin 2 kcal DRINK, pour into a saucepan and warm up at low heat or pour the soup into a bowl and heat in the microwave at 600 watt for 90 seconds. Do not microwave the bottle. Do not boil the product. After heating stir well before use and use immediately. Once heated, do not re-heat. **Usage without heating:** Opened bottles may be stored in a refrigerator for up to 24 hours. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

### Ingredients

**Fresubin 2 kcal DRINK sweet and neutral flavours:** Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose<sup>d</sup>, flavouring(s)<sup>d</sup>, maltodextrin<sup>e</sup>, potassium citrate<sup>e</sup>, emulsifiers (E 471, soya lecithins<sup>e</sup>), colouring food: beetroot powder<sup>e</sup>, potassium carbonate<sup>e</sup>, sodium chloride<sup>e</sup>, acidity regulator (E 507)<sup>e</sup>; sodium carbonate, vit. C.

**Fresubin 2 kcal Fibre DRINK all flavours:** Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose<sup>d</sup>, inulin (from chicory)<sup>e</sup>, cocoa powder (fat reduced)<sup>e</sup>, maltodextrin<sup>e</sup>, wheat dextrin<sup>e</sup>, flavouring(s)<sup>d</sup>, potassium citrate<sup>e</sup>, emulsifiers (E 471, soya lecithins<sup>e</sup>), potassium carbonate<sup>e</sup>, sodium chloride<sup>e</sup>, acidity regulator (E 507)<sup>e</sup>, sodium carbonate<sup>e</sup>, vit. C, stabilisers (E 460, E 466, E 407)<sup>f</sup>.

**Fresubin 2 kcal DRINK savoury flavours:** Water, maltodextrin, milk protein, vegetable oils (sunflower oil, rapeseed oil), flavourings, potassium citrate, emulsifiers (E 471, soya lecithins<sup>e</sup>), flavour enhancers (E 627, E 631)<sup>g</sup>, Colours (E 150c<sup>h</sup>, E 160c<sup>h</sup>, E 160d<sup>h</sup>), potassium carbonate, acidity regulator (E 507), sodium chloride, vit. C, sodium carbonate, colour (E 150).

**Vitamin and mineral mix in all Fresubin 2 kcal sip feeds:** Magnesium oxide<sup>e</sup>, iron pyrophosphate<sup>e</sup>, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>3</sub>, β-carotene<sup>e</sup>, vit. A<sup>e</sup>, folic acid<sup>e</sup>, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

c) amount/position depending on flavour, d) not present in the flavour "Neutral", e) only present in the flavour "Fruits of the forest", f) only present in the flavour "Chocolate", g) not present in the flavour "Chocolate", h) only present in flavour "Tomato-Carrot", i) only present in flavour "Mushroom"

### Flavours

#### Fresubin 2 kcal DRINK

Apricot-Peach, Cappuccino, Fruits of the Forest, Neutral, Toffee, Vanilla

#### Fresubin 2 kcal Fibre DRINK

Apricot-Peach, Cappuccino, Chocolate, Lemon, Neutral, Vanilla

#### Fresubin 2 kcal DRINK savoury

Asparagus, Mushroom, Tomato-Carrot

last updated: 09/2019



**FRESENIUS  
KABI**

caring for life

Fresenius Kabi Deutschland GmbH  
61346 Bad Homburg, Germany  
Phone: +49 (0) 61 72 / 686-0  
Enteral.nutrition@fresenius-kabi.com  
www.fresenius-kabi.com