

Fresubin® Clear Thickener

Good soluble powder in a 150 g tin



Nutritional Information

| Average content | | 1 levelled scoop (1.75 g) | 100 g |
|---|---------|------------------------------|-----------|
| Energy value | | | |
| | kJ | 19.4 | 1108 |
| | (kcal) | (4.6) | (264) |
| Fat | g | 0 | 0 |
| of which saturated fatty acids | g | 0 | 0 |
| Carbohydrate | g | 0.7 | 41.5 |
| of which sugars | g | 0.02 | 1.3 |
| of which lactose | g | 0 | 0 |
| Fibre | g | 0.8 | 48.0 |
| Protein | g | 0 | 0.6 |
| Salt (Na x 2.5) | g | 0.07 | 3.75 |
| Sodium | mg/mmol | 26/1.1 | 1500/65.2 |
| Phosphorus | mg/mmol | 3.4/0.1 | 195/6.3 |
| Chromium | µg | 0.3 | 15 |
| Caloric distribution (energy%) | | | |
| Fat 0, carbohydrate 62.8, fibre 36.3, protein 0.9 | | | |

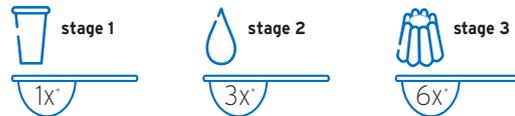
General Information

Food for special medical purposes:

Instant food and beverage thickener. Unique amylase resistant blend. Clear results, tasteless, odourless. Rapid thickening and stable over time at constant temperature. Lactose and gluten free. For the dietary management of patients with dysphagia.

Instructions for use:

See table for stages of thickness. The stage required by the patient has to be determined by a health care professional. The quantity of Fresubin Clear Thickener needed to achieve the required stage may vary depending on a given food or beverage and a given temperature.



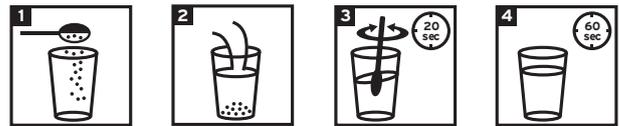
Amounts of powder needed for thickening of 100 ml liquid.

* 1 levelled scoop = 1.75 g (Use enclosed scoop only)

Important notes:

To be used under medical supervision. Not suitable as sole source of nutrition. For oral use only. Not suitable for children < 3 years. Intended for the use as a food and beverage thickener and as such not intended to contribute significantly to energy intake. Product contains fibre and sodium, please consider for overall diet. Ensure adequate fluid intake.

Instruction for use:



1 Fill the desired amount of powder to a clean and dry container.

2 Quickly add the liquid.

3 For 20 seconds, stir thoroughly but cautiously (to avoid formation of bubbles) with a spoon in different directions.

4 Let the product rest for 1 minute to allow maximum thickening.

Once prepared use promptly. Do not stir into drinks > 70 °C. Let hot drinks cool down if necessary. Stir or shake carbonated drinks to remove gas before thickening. To thicken pureed foods add the required quantity of Fresubin Clear Thickener to thicken to the desired consistency. To make a soaking solution use 125 ml liquid and 1 scoop of Fresubin Clear Thickener. Store dry and at room temperature. Reseal after opening. Once opened use within 2 months. Packaged in a protective atmosphere.

Ingredients

Modified starch, xanthan, maltodextrin, modified cellulose, natural flavour

last updated: 09/2019