

Fresubin® Energy/Energy Fibre DRINK

Fresubin Energy DRINK available in nine delicious flavours,
Fresubin Energy Fibre DRINK in six in 200 ml EasyBottle



Nutritional Information

Average content	Fresubin Energy DRINK		Fresubin Energy Fibre DRINK		
	100 ml	bottle = 200 ml	100 ml	bottle = 200 ml	
Energy value	kJ (kcal)	630 (150)	1260 (300)	630 (150)	1260 (300)
Fat	g	5.8	11.6	5.8	11.6
of which SFA*	g	0.4/0.5 ^a	0.8/1.0 ^a	0.4/0.5 ^a	0.8/1.0 ^a
of which MUFA**	g	3.8/3.7 ^a	7.6/7.4 ^a	3.8/3.7 ^a	7.6/7.4 ^a
of which PUFA***	g	1.6	3.2	1.6	3.2
Carbohydrate	g	18.8/18.5 ^a	37.6/37.0 ^a	17.8	35.6
of which sugars	g	3.9 - 6.3	7.8 - 12.6	5.0 - 6.4	10 - 12.8
of which lactose	g	≤ 0.27	≤ 0.54	≤ 0.26/0.25 ^a	≤ 0.52/0.5 ^a
Fibre	g	0/0.5 ^a	0/1.0 ^a	2.0	4.0
Protein	g	5.6	11.2	5.6	11.2
Salt (Na x 2.5)	g	0.2/0.21 ^a	0.4/0.42 ^a	0.2/0.21 ^a	0.4/0.42 ^a
Water	ml	78	156	78	156
Osmolarity	mosmol/l	355 - 405		390 - 440	
Minerals and trace elements					
Sodium	mg	80/85 ^a	160/170 ^a	80/85 ^a	160/170 ^a
Chloride	mg	100	200	100	200
Potassium	mg	135/140 ^a	270/280 ^a	135/140 ^a	270/280 ^a
Calcium	mg	135/130 ^a	270/260 ^a	135/130 ^a	270/260 ^a
Phosphorus	mg	80/85 ^a	160/170 ^a	80/85 ^a	160/170 ^a
Magnesium	mg	21/24 ^a	42/48 ^a	21/24 ^a	42/48 ^a
Iron	mg	2	4	2	4
Zinc	mg	1.5	3.0	1.5	3.0
Copper	µg	300	600	300	600
Iodine	µg	30	60	30	60
Selenium	µg	10	20	10	20
Manganese	mg	0.4	0.8	0.4	0.8
Chromium	µg	10	20	10	20
Molybdenum	µg	15	30	15	30
Fluoride	mg	0.2	0.4	0.2	0.4
Vitamins and other^a nutrients					
Vitamin A	µg RE ^o	170	340	170	340
of which β-Carotene	µg RE ^o	50	100	50	100
Vitamin D ₃	µg	2	4	2	4
Vitamin E	mg α-TE ^{oo}	3	6	3	6
Vitamin K ₁	µg	16.7	33.4	16.7	33.4
Vitamin C	mg	15	30	15	30
Thiamin (vitamin B ₁)	mg	0.23	0.46	0.23	0.46
Riboflavin (vitamin B ₂)	mg	0.32	0.64	0.32	0.64
Vitamin B ₆	mg	0.33	0.66	0.33	0.66
Niacin	mg/mg NE ^{ooo}	3/4	6/8	3/4	6/8
Folic Acid	µg	50	100	50	100
Vitamin B ₁₂	µg	0.6	1.2	0.6	1.2
Pantothenic Acid	mg	1.2	2.4	1.2	2.4
Biotin	µg	7.5	15.0	7.5	15.0
Choline ^a	mg	26.7	53.4	26.7	53.4
Caloric distribution (energy%)					
Fresubin Energy DRINK: Fat 35, carbohydrate 50/49.3 ^a , fibre 0/0.7 ^a , protein 15					
Fresubin Energy Fibre DRINK: Fat 35, carbohydrate 47.3, fibre 2.7, protein 15					
a = Flavour Chocolate					
*saturated fatty acids (SFA), **monounsaturated fatty acids (MUFA),					
***polyunsaturated fatty acids (PUFA)					
^o retinol equivalents (RE), ^{oo} alpha-tocopherol equivalents (α-TE), ^{ooo} niacin equivalents (NE)					

General Information

Food for special medical purposes:

Nutritionally complete, high-caloric (1.5 kcal/ml) oral nutritional supplement fibre free (Fresubin Energy DRINK) / with fibre (Fresubin Energy Fibre DRINK). Only for Fresubin Energy DRINK Chocolate: Contains traces of fibre from cocoa. Clinically free from lactose, gluten free. Contains traces of caffeine (0.55 mg/100 ml)^a. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy needs.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 2 - 3 bottles (600 - 900 kcal) / day or complete nutrition 5 - 7 bottles (1500 - 2100 kcal) / day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

^aOnly Cappuccino flavour

Ingredients

Fresubin Energy DRINK, all flavours: Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, fat reduced cocoa powder^a, flavourings^a, potassium citrate^a, sodium citrate, emulsifiers (E 471, soya lecithins), colouring food: beetroot powder^a, stabilisers (E 460, E 466, E 407)^a, sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E 330)^a, iron pyrophosphate^a, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₆, vit. B₂, sodium fluoride, β-carotene, vit. B₁, vit. A, folic acid, chromium chloride^a, sodium molybdate, vit. K₁, potassium iodide, sodium selenite, biotin, vit. D₃, vit. B₁₂.

Fresubin Energy Fibre DRINK, all flavours: Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, cocoa powder (fat reduced)^a, wheat dextrin, inulin (from chicory), flavourings^a, cellulose^a, potassium citrate^a, sodium citrate, colouring food: beetroot powder^a, emulsifiers (E 471, soya lecithins), stabilisers (E 460, E 466, E 407)^a, sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E 330)^a, iron pyrophosphate^a, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, chromium chloride^a, sodium molybdate, potassium iodide, sodium selenite^a, vit. K₁, biotin, vit. D₃, vit. B₁₂.

^aamount/position depending on flavour, ^anot in flavour "Neutral", ^aonly in flavours "Blackcurrant" and "Strawberry", ^aonly in flavour "Chocolate", ^anot in flavour "Chocolate", ^aonly present in flavours "Cherry" and "Strawberry", ^anot in flavour "Cherry"

Flavours

Fresubin Energy: Banana, Blackcurrant, Cappuccino, Chocolate, Lemon, Neutral, Strawberry, Tropical Fruits, Vanilla

Fresubin Energy Fibre: Banana, Caramel, Cherry, Chocolate, Strawberry, Vanilla

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caring for life

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