Fresubin® Protein POWDER

Available in Neutral flavour in a resealable 300 g can or as 40 single portion sachets à 11,5 g

Nutritional Information

Average content		per 100 g	per 5 g (1 scoop)	per 11.5 g (1 sachet)
Energy value	kJ	1500	75	173
	(kcal)	(360)	(18)	(41)
Fat	g	1	0.05	0.12
of which saturated fatty	acids g	< 0.07	< 0.004	< 0.008
Carbohydrate	g	≤ 1	≤ 0.05	≤ 0.12
of which sugars	g	≤ 1	≤ 0.05	≤ 0.12
of which lactose	g	≤ 1	≤ 0.05	≤ 0.12
Fibre	g	0	0	C
Protein	g	87	4.4	10
Salt (Na x 2.5)	g	1.38	0.07	0.16
Minerals				
Sodium	mg/mmol	550/23.9	27.5/1.2	63.3/2.76
Potassium	mg/mmol	1200/30.7	60/1.5	138/3.45
Calcium	mg/mmol	60/1.5	3/0.07	6.9/0.16
Phosphorus	mg/mmol	240/7.7	12/0.4	27.6/0.92

Fat 2, carbohydrate ≤ 1, fibre 0, protein 97



General Information

Food for special medical purposes:

Whey protein powder supplement (instant powder), fibre free. Clinically free from lactose, gluten free. For the dietary management of patients with or at risk of disease-related malnutrition in particular with increased protein needs including cancer, surgery, sarcopenia and paediatric failure to thrive.

Dosage:

To be determined by a health care professional according to patients' needs. Recommended for supplementary nutrition

- A) Can with spoon: 2 3 times 10 15 g (20 45 g) per day.
- B) Sachet: 2 4 sachets (23 46 g) per day.

Important notes:

To be used under medical supervision. Not suitable as sole source of nutrition. Please monitor potassium (K) levels in patients on a K restricted diet. Not suitable for infants <1 year. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. **Not for parenteral (I.V.) use!**

Instruction for use:

Store in a dry place at room temperature. Opened can should be used within 2 months. Can be used in liquid cold or hot foods, sweet or savoury (e.g. fruit juices, milk, soups) and prepared meals (e.g. purees).

- A) Use in liquids or foods <70°C: stir 2 3 scoops (10-15 g) into 150 ml liquid or 150 g food. Use in preparations >70°C, <u>but not cooking</u>: Dissolve 2 - 3 scoops (10-15 g) in a small amount of liquid (25-50 ml) at room temperature. Add this mixture to 150 ml of the hot liquid or 150 g food directly before serving (max. 10 minutes before serving). Do not boil while or after adding the powder. Fresubin Protein Powder is not suitable for cooking.
- B) Use in liquids or foods <70°C: stir one sachet (11.5g) into 150 ml liquid or 150 g food. Use in preparations >70°C, <u>but not cooking</u>: Dissolve one sachet (11.5g) in a small amount of liquid (25-50 ml) at room temperature. Add this mixture to 150 ml of the hot liquid or 150 g food directly before serving (max. 10 minutes before serving). Do not boil while or after adding the powder. Fresubin Protein Powder is not suitable for cooking.

A) Can 300g (1 carton includes 6 cans à 300g)

B) Sachets à 11.5 g (1 carton includes 6 boxes à 40 sachets)

Ingredients

Whey protein, emulsifier (soya lecithins).

Flavour

Neutral

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