

Cheese soup

Savoury

level 

 1

 20 min



Ingredients

200 ml	Fresubin Energy DRINK Neutral
20 g	butter
20 g	wheat flour (2 tablespoons)
80 ml	milk (3.5 % fat)
70 ml	meat stock
100 g	cheese (e.g. Emmental, 45 % fat)
15 g	chopped parsley (2 tablespoons)
	salt, pepper, lemon juice

Nutritional information per serving:

Energy	956 kcal
Protein	44.4 g
Fat	61.0 g
Carbohydrate	57.0 g
Fibre	1.5 g



Alternative products:

Fresubin[®] 2 kcal/Fibre DRINK

Preparation

Make a roux with butter and flour and stir in milk, stock and Fresubin Energy DRINK Neutral.

Add grated cheese and cook well.

Season to taste and garnish with parsley.

TIP:

Use soft cheese instead of Emmental cheese.