

Chocolate ice cream

Sweet

level 

 1

 20 min



Ingredients

200 ml	Fresubin Energy DRINK Vanilla
40 g	chocolate coating
60 ml	cream (30% fat)
1	pinch of whipping cream stiffener
40 g	sugar
1	egg yolk or
25 g	egg yolk powder

Nutritional information per serving:

Energy	946 kcal
Protein.....	19.1 g
Fat	51.0 g
Carbohydrate	103.0 g
Fibre.....	0.0 g



Alternative products:

Fresubin® Original DRINK
Fresubin® Energy Fibre DRINK
Fresubin® 2 kcal/Fibre DRINK
Fresubin® Protein Energy DRINK
Fresubin® Energy Fibre DRINK

Preparation

Melt chocolate coating over a bain-marie.
Beat egg yolk and sugar until fluffy.
Add Fresubin Energy DRINK Vanilla, stir well.

Carefully add the melted coating to the mixture.
Whip the cream together with the stiffener until stiff and fold into the chocolate mixture.

Fill mixture into a frost-proof container and freeze.

TIP:

For a more intense chocolate flavour use Fresubin Energy DRINK Chocolate.