

# Chocolate rice pudding

Sweet

level 

 4-5

 60 min



## Ingredients

600 ml Fresubin 2 kcal Fibre  
DRINK Chocolate  
(3 bottles)  
600 ml full fat milk (3.5% fat)  
250 g rice pudding  
salt

## Nutritional information per serving:

Energy .....405 kcal  
Protein.....19.4 g  
Fat .....16.0 g  
Carbohydrate ....44.0 g  
Fibre.....2.3 g

## Alternative products:

Fresubin<sup>®</sup> Original DRINK  
Fresubin<sup>®</sup> Energy/Fibre DRINK  
Fresubin<sup>®</sup> Protein Energy DRINK  
Fresubin<sup>®</sup> Energy Fibre DRINK



## Preparation

Mix milk, 2 bottles (400 ml) Fresubin 2 kcal Fibre DRINK Chocolate and a dash of salt and boil it up. Add 250 g of rice and let it boil on a moderate heat for 40 minutes stirring frequently. Let the rice pudding simmer for 15 minutes and stir in 1 bottle (200 ml) Fresubin 2 kcal Fibre DRINK Chocolate.

Serve into portions, if desired with cinnamon/sugar and morello cherries. Garnish or decorate with grated dark chocolate.

This amount is suitable for 4-5 portions as a main dish or 8-10 dessert portions.

## TIP:

If the rice pudding is to be served as a cold dessert, add 2 bottles (400 ml) Fresubin 2 kcal Fibre DRINK instead of 1 bottle (200 ml) at the end.