

Fresubin PRO Drink

Available in three flavours in 200 ml EasyBottle



Nutritional Information

Average values		per 100 ml	bottle = 200 ml
Energy	kJ (kcal)	1008 (240)	2016 (480)
Fat	g	9.4	18.8
of which saturates	g	0.7	1.4
of which mono-unsaturates	g	6.3	12.6
of which polyunsaturates	g	2.4	4.8
Carbohydrate	g	24.4	48.8
of which sugars	g	3.9 ^a - 6.1 ^b - 4.5 ^c	7.8 ^a - 12.2 ^b - 9.0 ^c
of which lactose	g	≤ 0.8	≤ 1.6
Fibre	g	0	0
Protein	g	14.4	28.8
Salt	g	0.08	0.15
Vitamins			
Vitamin A	µg RE ^o	260	520
Vitamin D	µg	5	10
Vitamin E	mg α-TE ^{oo}	4	8
Vitamin K	µg	16	32
Vitamin C	mg	30	60
Thiamin	mg	0.4	0.8
Riboflavin	mg	0.5	1
Niacin	mg/mg NE ^{ooo}	0.75/3.92	1.50/7.84
Vitamin B ₆	mg	0.47	0.94
Folic Acid	µg	80	160
Vitamin B ₁₂	µg	1.1	2.2
Biotin	µg	12	24
Pantothenic Acid	mg	1.9	3.8
Minerals and trace elements			
Sodium	mg	30	60
Potassium	mg	87	174
Chloride	mg	11	22
Calcium	mg	350	700
Phosphorus	mg	220	440
Magnesium	mg	16	32
Iron	mg	2.0	4.0
Zinc	mg	2.4	4.8
Copper	mg	0.32	0.64
Manganese	mg	0.65	1.3
Fluoride	mg	0.18	0.36
Selenium	µg	14	28
Chromium	µg	12.5	25
Molybdenum	µg	20	40
Iodine	µg	50	100
Water	ml	63	126
Caloric distribution (energy%)			
Fresubin PRO Drink: Fat 35, carbohydrates 41, fibre 0, protein 24			
a = Flavour Neutral b = Flavour Hazelnut c = Flavour Vanilla			
^o retinol equivalents (RE), ^{oo} alpha-tocopherol equivalents (α-TE), ^{ooo} niacin equivalents (NE)			

General Information

Food for special medical purposes.

High energy (2.4 kcal/ml), high protein oral nutritional supplement. High in calcium and vitamin D. Clinically free from lactose (<0.8 g/100 ml), gluten free. For the dietary management in case/risk of malnutrition with increased energy, protein, calcium and vitamin D needs e.g. sarcopenia, frailty or age-related musculoskeletal deficits.

Dosage:

1-2 bottles/day for supplementary nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 7 years. Use with caution in children < 10 years. Not suitable in case of galactosaemia.

Instruction for use:

Storage: At room temperature. Once opened refrigerate and use within 24 hours. Best served chilled. Shake well before use. Contains milk and soy.

Additional considerations:

Oral nutritional supplementation is not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Fresubin PRO Drink should be used with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Fresubin PRO Drink is not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin PRO Drink.

Ingredients

Water, glucose syrup, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose^a, flavouring^a, emulsifiers (E 471, soya lecithins), acidity regulators (E 501, E 500), vitamin C^a, stabilisers (E 460, E 466)^a, antifoaming agent (E 471), ferric diphosphate, zinc sulphate, pantothenic acid, manganese chloride, vitamin E, niacin, cupric sulphate, thiamin, riboflavin, vitamin B₆, vitamin A, sodium fluoride, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, biotin, vitamin K, vitamin D, vitamin B₁₂.

^a Not in flavour "Neutral".

^b Amount/position depending on flavour

Flavours

Vanilla, Hazelnut, Neutral

1) Volkert D, et al. *Clin Nutr*. 2018;doi:10.1016/j.clnu.2018.05.024. 2) Hubbard G et al. *Clin Nutr* 2012; 31(3): 293-312 3) Paddon-Jones D, Rasmussen BB. *Dietary protein recommendations and the prevention of sarcopenia*. *Curr Opin Clin Nutr Metab Care*. 2009;12(1):86-90. 4) EFSA NDA Panel. *Scientific Opinion on Dietary Reference Values for vitamin D*. *EFSA Journal* 2016;14(10): 4547, doi: 10.2903/j.efsa.2016.4547 5) D-A-CH: *Referenzwerte für die Nährstoffzufuhr*; 2018. 6) EFSA NDA Panel. *Scientific Opinion on Dietary Reference Values for calcium*. *EFSA Journal* 2015;13(5):4101, 82 pp. doi:10.2903/j.efsa.2015.4101

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**FRESENIUS
KABI**

caring for life

Fresenius Kabi Deutschland GmbH
61346 Bad Homburg, Germany
Phone: +49 (0) 61 72 / 686-0
Enteral.nutrition@fresenius-kabi.com
www.fresenius-kabi.com