



Nutritional Information

Average content		per 100 g product	per 100 ml ready to serve product* 3.5% milk fat	per 100 ml ready to serve product* 4.0% milk fat
Banana^a, Vanilla^a and Strawberry^b				
Energy value	kJ (kcal)	2100 (500)	795 (190)	795 (190)
Fat	g	24.4	9.5	9.8
of which SFA**	g	16.7	6.3	6.6
Carbohydrate	g	65.5	21.8	21.7
of which sugars	g	37.8	14.2	14.0
of which lactose	g	2.2	4.2	4.1
Fibre	g	< 0.5	< 0.15	< 0.15
Protein	g	4.1	3.8	3.7
Salt (Na x 2.5)	g	0.45	0.22	0.21
Osmolarity	mosmol/l		900 ^a /870 ^b	
Caloric distribution				
Fat	energy %	44	46	46
Carbohydrate	energy %	53	46	46
Fibre	energy %	0	0	0
Protein	energy %	3	8	8
Minerals and trace elements				
Sodium	mg	180	87	83
Potassium	mg	94	149	148
Calcium	mg	87	118	117
Phosphorus	mg	58	88	89
Magnesium	mg	8.0	12	11
Chocolate Flavour				
Energy value	kJ (kcal)	2100 (500)	815 (194)	815 (194)
Fat	g	22.7	9.3	9.5
of which SFA**	g	15.5	6.2	6.4
Carbohydrate	g	64.7	22.2	22.1
of which sugars	g	36.6	14.2	14.1
of which lactose	g	1.4	4.0	3.8
Fibre	g	1.8	0.5	0.5
Protein	g	4.3	3.8	3.8
Salt (Na x 2.5)	g	0.40	0.21	0.20
Osmolarity	mosmol/l		860	
Caloric distribution				
Fat	energy %	42	44	45
Carbohydrate	energy %	53	47	46
Fibre	energy %	1	1	1
Protein	energy %	4	8	8
Minerals and trace elements				
Sodium	mg	160	83	79
Potassium	mg	338	220	218
Calcium	mg	66	113	111
Phosphorus	mg	75	94	94
Magnesium	mg	36	20	19
Neutral Flavour				
Energy value	kJ (kcal)	2100/500	795/190	795/190
Fat	g	24.1	9.5	9.7
of which SFA**	g	16.5	6.3	6.5
Carbohydrate	g	67.3	22.3	22.2
of which sugars	g	12.2	7.1	7.0
of which lactose	g	2.6	4.3	4.2
Fibre	g	< 0.5	< 0.15	< 0.15
Protein	g	4.3	3.8	3.8
Salt (Na x 2.5)	g	0.45	0.22	0.21
Osmolarity	mosmol/l		540	
Caloric distribution				
Fat	energy %	43	45	46
Carbohydrate	energy %	53.4	47	46
Fibre	energy %	< 0.2	0	0
Protein	energy %	3.4	8	8
Minerals and trace elements				
Sodium	mg	180	87	83
Potassium	mg	107	153	151
Calcium	mg	98	121	120
Phosphorus	mg	66	90	91
Magnesium	mg	9	12	11

*Ready to serve product (= 1 serving): 1 sachet à 87 g (chocolate 90 g) + 240 ml whole milk (3.5% or 4.0% milk fat), **saturated fatty acids (SFA)

General Information

Food for special medical purposes:

Oral nutritional supplement powder to be reconstituted with milk providing a high-caloric (1.9 kcal/ml) shake, fibre free[□]. With lactose, gluten free. For the dietary management of patients with or at risk of disease-related malnutrition, in particular with high energy needs.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 1 sachet/day = 87 g^{□□} powder + 240 ml whole milk providing approximately 600 kcal.

Important notes:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years^{□□□}. Use with caution in children < 6 years. Not suitable for patients with galactosaemia.

Instruction for use:

Store dry and at room temperature. Once reconstituted use promptly. If refrigerated use within 24 hours and stir again before use. Drink slowly. Best served chilled.

Preparation:

Add the content of 1 sachet to 240 ml whole milk. Mix vigorously with a whisk or fork or use a shaker.

[□]Chocolate variety: low in fibre

^{□□}Chocolate variety: 90 g

^{□□□}Neutral variety: not suitable for infants < 1 year

Ingredients

Calshake, flavour Banana: Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, skimmed milk powder, sucrose, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], flavouring, calcium carbonate, colouring (β-carotene).

Calshake, flavour Chocolate: Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, sucrose, fat reduced cocoa powder, skimmed milk powder, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], flavouring (with colour E 150c), calcium carbonate.

Calshake, flavour Neutral: Fat powder (palm oil, dried glucose syrup, milk protein), maltodextrin, skimmed milk powder, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], calcium carbonate.

Calshake, flavour Strawberry: Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, skimmed milk powder, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], sucrose, flavouring (with lactose), colouring (E 162), calcium carbonate.

Calshake, flavour Vanilla: Fat powder (palm oil, dried glucose syrup, milk protein), dextrose, maltodextrin, skimmed milk powder, sucrose, MCT powder [medium chain triglycerides (coconut oil, palm oil, rapeseed oil), milk protein, dried glucose syrup], flavourings (with lactose), calcium carbonate, colouring (β-carotene).

Flavours

Banana, Chocolate, Neutral, Strawberry, Vanilla

last updated: 09/2019