



**FRESENIUS
KABI**

caring for life

Recommendations for starting Enteral Nutrition in older patients – a HCP decision aid



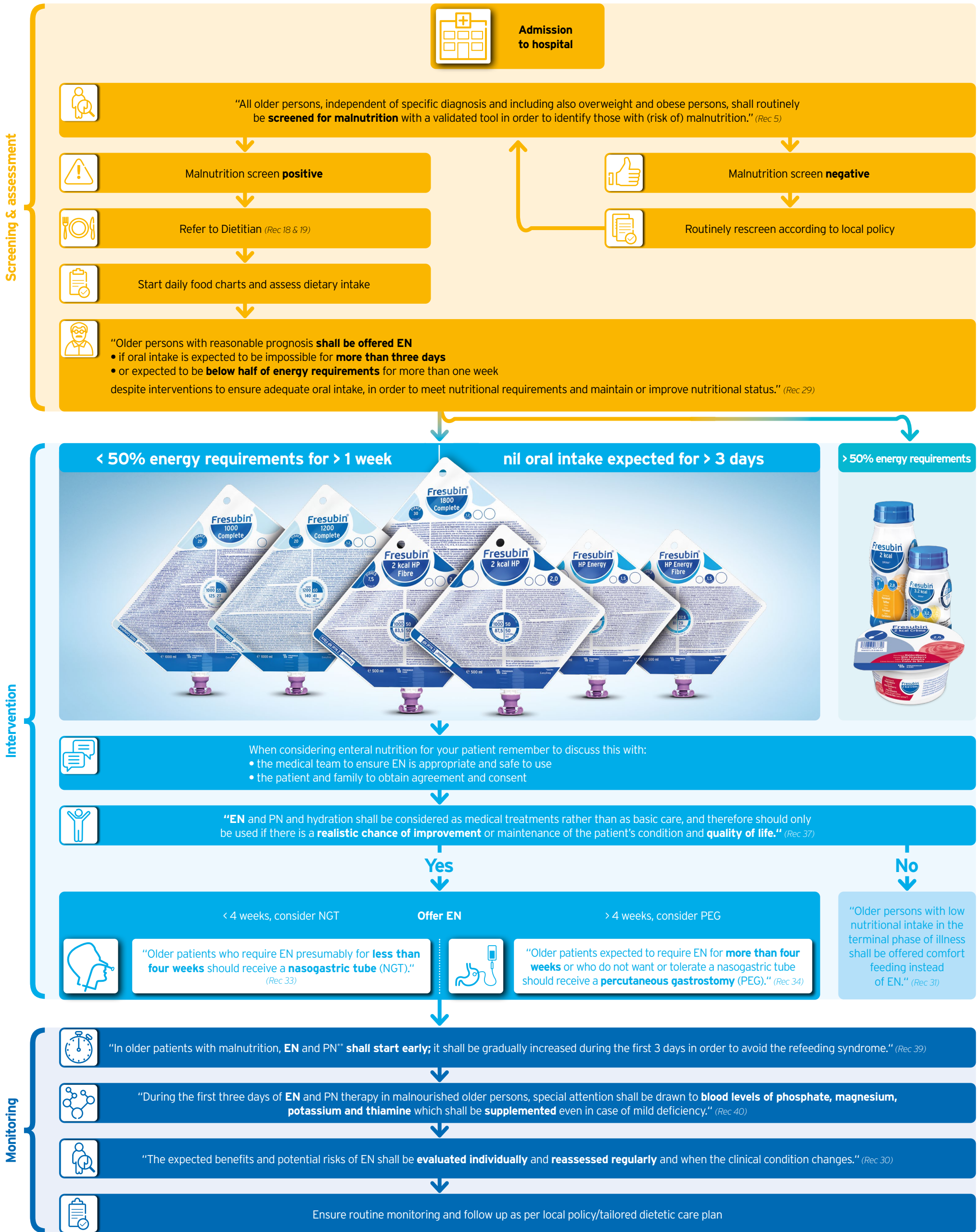
HCP: Health Care Professional

For Healthcare
Professionals only

Enteral Nutrition (EN) in older patients

Decision aid for HCPs*

Volkert D et al. Clin Nutr 2019;38(1):10-47



* **Disclaimer:** This infographic is provided as a guide for understanding the use of some of the recommendations included in the 2018 ESPEN guidelines on clinical nutrition and hydration in geriatrics and should never be solely used to decide on a nutritional intervention. A formal dietetic assessment including consultation with the medical team as appropriate should always be performed first. Please refer to the reference included for a full list and rationale of each of the 82 recommendations listed in the guideline prior to use of this infographic.

** Please refer to the full guidelines for indications for Parenteral Nutrition (PN)

Fresenius Kabi solutions for older patients with increased protein needs and/or impaired food intake

Tube feed solutions



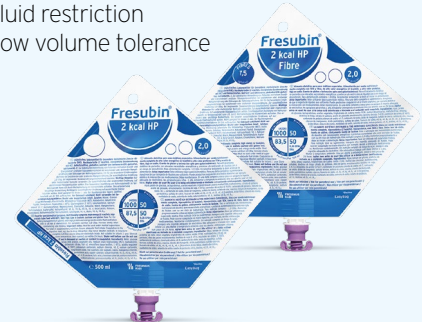
Fresubin® HP Energy / HP Energy Fibre

- With or at risk of malnutrition
- Increased energy needs
- Increased protein needs
- Fluid restriction
- Fat malabsorption



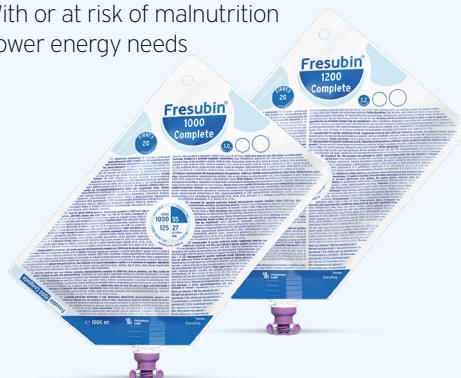
Fresubin® 2 kcal HP / 2 kcal HP Fibre

- With or at risk of malnutrition
- Increased energy needs
- Increased protein needs
- Fluid restriction
- Low volume tolerance



Fresubin® 1000 Complete / 1200 Complete

- With or at risk of malnutrition
- Lower energy needs



Fresubin® 1800 Complete

- With or at risk of malnutrition
- Increased protein needs



ONS solutions



Fresubin high energy/high protein range: **Fresubin®** 2 kcal DRINK and 3.2 kcal DRINK

- With or at risk of malnutrition
- Increased energy needs
- Increased protein needs
- Limited fluid tolerance



Fresubin® 2 kcal Crème

- With or at risk of malnutrition
- Increased energy needs
- Increased protein needs
- Dysphagia



ONS: Oral Nutritional Supplement

Fresubin® products are food for special medical purposes (FSMP) and must be used under medical supervision.