

Fresubin® YoDrink

Available in three delicious flavours
in 200 ml EasyBottle



Nutritional Information

| Average content | | 100 ml | bottle = 200 ml |
|--|-------------------------|-----------|--------------------|
| Energy value | | | |
| | kJ (kcal) | 630 (150) | 1260 (300) |
| Fat | g | 4.7 | 9.4 |
| of which saturated fatty acids | g | 0.58 | 1.16 |
| of which monounsaturated fatty acids | g | 3.1 | 6.2 |
| of which polyunsaturated fatty acids | g | 1.0 | 2.0 |
| Carbohydrate | g | 19.5 | 39 |
| of which sugars | g | 15.4 | 30.8 |
| of which lactose | g | 3.0 | 6.0 |
| Fibre | g | 0.1 | 0.2 |
| Protein | g | 7.5 | 15.0 |
| Salt (Na x 2.5) | g | 0.15 | 0.30 |
| Water | ml | 75 | 150 |
| Osmolarity | mosmol/l | 885 | |
| Minerals and trace elements | | | |
| Sodium | mg | 60 | 120 |
| Chloride | mg | 85 | 170 |
| Potassium | mg | 165 | 330 |
| Calcium | mg | 240 | 480 |
| Phosphorus | mg | 95 | 190 |
| Magnesium | mg | 18 | 36 |
| Iron | mg | 2.5 | 5.0 |
| Zinc | mg | 2.0 | 4.0 |
| Copper | µg | 375 | 750 |
| Iodine | µg | 37.5 | 75.0 |
| Selenium | µg | 14 | 28 |
| Manganese | mg | 0.5 | 1.0 |
| Chromium | µg | 13 | 26 |
| Molybdenum | µg | 18.8 | 37.6 |
| Fluoride | mg | 0.25 | 0.50 |
| Vitamins and other^a nutrients | | | |
| Vitamin A | µg RE ^o | 150 | 300 |
| Vitamin D ₃ | µg | 3.75 | 7.50 |
| Vitamin E | mg α-TE ^{oo} | 3.75 | 7.50 |
| Vitamin K ₁ | µg | 21 | 42 |
| Vitamin C | mg | 18.8 | 37.6 |
| Thiamin (vitamin B ₁) | mg | 0.3 | 0.6 |
| Riboflavin (vitamin B ₂) | mg | 0.4 | 0.8 |
| Vitamin B ₆ | mg | 0.43 | 0.86 |
| Niacin | mg/mg NE ^{ooo} | 1.5/2.9 | 3.0/5.8 |
| Folic Acid | µg | 62.5 | 125 |
| Vitamin B ₁₂ | µg | 0.75 | 1.5 |
| Pantothenic Acid | mg | 1.5 | 3.0 |
| Biotin | µg | 9.4 | 18.8 |
| Choline ^a | mg | 32 | 64 |
| Caloric distribution (energy%) | | | |
| Fat 28, carbohydrate 51.9, fibre 0.1, protein 20 | | | |
| ^o retinol equivalents (RE), ^{oo} alpha-tocopherol equivalents (α-TE), ^{ooo} niacin equivalents (NE) | | | |

General Information

Food for special medical purposes:

Nutritionally complete, high-caloric (1.5 kcal/ml), high protein (20 energy%) oral nutritional supplement. Contains traces of fibre. High in calcium and vitamin D, contains lactose, gluten free. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy and protein needs.

Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 2-3 bottles (600-900 kcal) / day or complete nutrition 5 bottles (1500 kcal) / day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Ensure adequate fluid intake.

Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

Ingredients

Water, sucrose, whey protein, fermented skimmed milk powder, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), acidity regulator (E 270), calcium lactate, flavourings^a, emulsifiers (E 471, soya lecithins), paprika extract^b, thickener (E 440), colour (E120)^c; choline hydrogen tartrate, vit. C, sodium chloride, iron pyrophosphate, zinc sulphate, magnesium oxide, vit. E, pantothenic acid, manganese chloride, niacin, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, vit. A, folic acid, chromium chloride, sodium selenite, potassium iodide, vit. K₁, sodium molybdate, biotin, vit. D₃, vit. B₁₂.

^a amount / position depending on flavour

^b only in flavour Apricot-Peach

^c only in flavour Raspberry

Flavours

Apricot-Peach, Lemon, Raspberry

last updated: 09/2019