



**FRESENIUS
KABI**

caring for life

Fresubin® Jucy Drink

Patient Information



Fresubin Jucy Drink



All about Fresubin Jucy Drink

This leaflet will answer some of the questions you may have about Fresubin Jucy Drink. If you have any other questions, you should contact your dietitian, doctor or healthcare professional.

What is Fresubin Jucy Drink?

Fresubin Jucy Drink is a special nutritious drink for people who are unwell and cannot manage enough normal food to meet their nutritional requirements.

What does Fresubin Jucy Drink contain?

Fresubin Jucy Drink is made up of many nutrients that are essential in a healthy, balanced diet. These include protein, carbohydrate, vitamins, minerals and water. Fresubin Jucy Drink does not contain fat because it is a juice style supplement. Fresubin Jucy Drink should not be used in patients with a whey protein intolerance.

What flavours are available?

There are five delicious flavours to choose from:

- Apple
- Blackcurrant
- Cherry
- Orange
- Pineapple

How much Fresubin Jucy Drink should I take?

Your dietitian or doctor will advise you about the amount you should be taking.

When should I take Fresubin Jucy Drink?

This is really up to you. However, you may be advised to take it in between meals and in the evening so you can manage to eat normal meals as well. Many people like to sip Fresubin Jucy Drink rather than drink it all at once.

Fresubin Jucy Drink



How should I take Fresubin Jucy Drink?

Fresubin Jucy Drink is best taken as a chilled drink, either straight from the bottle or poured into a glass. It is recommended that it is stored in the fridge before serving. The addition of crushed ice or ice-cubes makes it even more refreshing.

What about recipe ideas for Fresubin Jucy Drink?

Fresubin Jucy Drink can be used in a wide variety of foods and drinks. A recipe book is available on request. Here are a few simple suggestions:

Fresubin Jucy Carbonated Drinks:

- Mix 100ml of any flavour of Fresubin Jucy Drink with 100ml sparkling water or lemonade, add ice and serve.

Fresubin Jucy Jelly:

- Make up jelly following directions on the packet, substituting 200ml of liquid with a bottle of Fresubin Jucy Drink.

Fresubin Jucy Ice Lollies:

- Pour the Fresubin Jucy Drink into ice lolly moulds and freeze.

How should I store Fresubin Jucy Drink?

Unopened bottles can be kept at room temperature, not above 25°C. Opened bottles should be resealed and kept in a fridge and thrown away if not used within 24 hours. It must not be used after the expiry date.

Product information



PRESENTATION: Fresubin Jucy is a juice style high calorie (1.5kcal/ml) oral nutritional supplement. Fat and fibre free. Fresubin Jucy is ready to use and presented in a 200ml EasyBottle. Available in a choice of five flavours: Apple, Cherry, Blackcurrant, Pineapple and Orange. Fresubin Jucy is a Food for Special Medical Purposes.

CONTRA-INDICATIONS: For enteral use only. Not suitable for children under three years old. Not suitable as a sole source of nutrition. Not suitable for patients with galactosaemia.

PRECAUTIONS: Should only be used under medical supervision. Use with caution for children under six years of age.

DOSAGE: Dosage should be calculated by a clinician or dietitian according to individual requirements. As a guide for supplementary nutrition 2-3 bottles (600-900kcal) /day.

STORAGE: Store in a cool place, do not store above 25°C. Once opened, can be stored for up to 24 hours in a refrigerator. Shake well before use. Drink slowly.

ALLERGEN STATUS: Gluten free. Egg free. Fish Free. Soya free. Lactose free. Nut free. Wheat free.

INGREDIENTS

Cherry

Water, glucose syrup, whey protein, sucrose, maltodextrin, calcium chloride, flavouring, vit. C, sodium chloride, potassium chloride, iron citrate, zinc sulphate, vit. E, black carrot powder, magnesium chloride, niacin, pantothenic acid, vit. A, manganese chloride, antifoaming agent (E 471), copper sulphate, vit. B₆, vit. B₂, sodium fluoride, vit. B₁₂, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Blackcurrant

Water, glucose syrup, whey protein, sucrose, maltodextrin, flavouring, calcium chloride, vit. C, black carrot powder, sodium chloride, potassium chloride, iron citrate, zinc sulphate, vit. E, magnesium chloride, niacin, pantothenic acid, vit. A, manganese chloride, antifoaming agent (E 471), copper sulphate, vit. B₆, vit. B₂, sodium fluoride, vit. B₁₂, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Pineapple

Water, glucose syrup, whey protein, sucrose, maltodextrin, calcium chloride, flavouring, vit. C, sodium chloride, potassium chloride, iron citrate, zinc sulphate, vit. E, magnesium chloride, niacin, pantothenic acid, vit. A, manganese chloride, antifoaming agent (E 471), copper sulphate, vit. B₆, vit. B₂, sodium fluoride, vit. B₁₂, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Apple

Water, glucose syrup, whey protein, sucrose, maltodextrin, calcium chloride, flavourings, vit. C, sodium chloride, potassium chloride, iron citrate, zinc sulphate, vit. E, magnesium chloride, niacin, pantothenic acid, vit. A, manganese chloride, antifoaming agent (E 471), copper sulphate, vit. B₆, vit. B₂, sodium fluoride, vit. B₁₂, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Orange

Water, glucose syrup, whey protein, sucrose, maltodextrin, flavouring, calcium chloride, vit. C, sodium chloride, potassium chloride, iron citrate, zinc sulphate, vit. E, magnesium chloride, niacin, pantothenic acid, vit. A, manganese chloride, antifoaming agent (E 471), copper sulphate, vit. B₆, vit. B₂, sodium fluoride, vit. B₁₂, β-carotene, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₂.

Nutritional Composition

	Per 100ml	Per 200ml
Energy kcal (kJ)	150 (630)	300 (1260)
Protein g	4	8
Carbohydrate g	33.5	67
Of which sugars g	8	16
Of which lactose g	≤0.03	≤0.06
Fat g	0	0
Fibre g	0	0
Salt g (Na x 2.5)	0.02	0.04
Water ml	76	152
Osmolarity mosmol/l	680	680
Osmolality mosmol/kg H ₂ O	900	900

Minerals and Trace Elements

Sodium mg (mmol)	6 (0.3)	12 (0.6)
Potassium mg (mmol)	7 (0.2)	14 (0.4)
Chloride mg (mmol)	190 (5.4)	380 (10.8)
Calcium mg (mmol)	50 (1.3)	100 (2.6)
Phosphorus mg (mmol)	11 (0.4)	22 (0.8)
Magnesium mg (mmol)	1 (0.04)	2 (0.08)
Iron mg	2.5	5
Zinc mg	1.88	3.76
Copper µg	375	750
Manganese mg	0.5	1
Iodine µg	37.5	75
Chromium µg	12.5	25
Molybdenum µg	18.8	37.6
Fluoride mg	0.25	0.5
Selenium µg	12.5	25

Vitamins

Vitamin A µgRE	150/178*	300/356*
Of which β-carotene µgRE	0/28*	0/56*
Vitamin D ₃ µg	2.5	5
Vitamin E mgαTE	3.75	7.5
Vitamin K ₁ µg	25	50
Vitamin B ₁ mg	0.3	0.6
Vitamin B ₂ mg	0.4	0.8
Niacin mg (mgNE)	1.80 (2.62mg NE)	3.6 (5.24mg NE)
Vitamin B ₆ mg	0.43	0.86
Vitamin B ₁₂ µg	0.75	1.5
Pantothenic Acid mg	1.5	3
Biotin µg	9.4	18.8
Folic acid µg	62.5	125
Vitamin C mg	18.8	37.6

* Orange flavour



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