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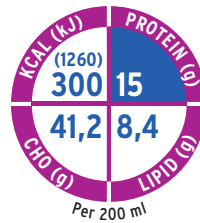
caring for life



Survimed® OPD

1.5 kcal Drink

Patient Information



Survimed® OPD 1.5 kcal Drink



All about Survimed® OPD 1.5 kcal Drink

This leaflet will answer some of the questions you may have about Survimed® OPD 1.5 kcal Drink. If you have any other questions, you should contact your dietitian, doctor or other healthcare professional.

What is Survimed® OPD 1.5 kcal Drink?

Survimed® OPD 1.5 kcal Drink is a oral nutritional supplement for people with or at risk of disease related malnutrition, in particular with malabsorption. Survimed® OPD 1.5 kcal Drink is suitable as a sole source of nutrition and should be used under medical supervision.

What does Survimed® OPD 1.5 kcal Drink contain?

Survimed® OPD 1.5 kcal Drink is made up of many nutrients that are essential in a healthy, balanced diet. These include protein (whey protein hydrolysate), vegetable oils (rapeseed oil, safflower oil), carbohydrates, vitamins, minerals and trace elements. Survimed® OPD 1.5 kcal Drink is also gluten and lactose free. Contains traces of caffeine.

What flavours are available?

This oral nutritional supplement is ready-to-drink and available in Cappuccino flavour in 200 ml EasyBottle.

How much Survimed® OPD 1.5 kcal Drink should I take?

Your dietitian or healthcare professional will advise you about the amount you should be taking. As a guide, for supplementary nutrition ≥ 1 bottle (≥ 300 kcal) per day or for complete nutrition 5 bottles (1500kcal) per day will meet your recommended daily requirements for all essential vitamins, minerals and trace elements.

When should I take Survimed® OPD 1.5 kcal Drink?

This is really up to you. However, you may be advised to take it in between meals and in the evening so you can manage to eat normal meals as well. Many people like to sip Survimed® OPD 1.5 kcal Drink rather than drink it all at once.

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How should I take Survimed® OPD 1.5 kcal Drink?

Survimed® OPD 1.5 kcal Drink is best taken as a chilled drink, either straight from the bottle or poured into a glass. It is recommended that it is stored in the fridge before serving. Shake the bottle well before use and drink slowly. It can be served warm. Heat gently in a saucepan (do not boil).

How should I store Survimed® OPD 1.5 kcal Drink?

Store at room temperature. Once opened bottles can be kept for up to 24 hours in a refrigerator. Any contents left after 24 hours should be discarded. It must not be used after the expiry date.

Ingredients

Water, maltodextrin, whey protein hydrolysate, sucrose, medium chain triglycerides (MCT), vegetable oils (rapeseed oil, safflower oil), flavourings, potassium hydrogen phosphate, calcium citrate, stabilisers (E 460, E 466), potassium chloride, choline chloride, vit. C, calcium chloride, sodium chloride, acidity regulator (E 524), magnesium oxide, emulsifier (E 472c), iron sulphate, zinc sulphate, vit. E, manganese chloride, niacin, pantothenic acid, vit. B1, copper sulphate, vit. B2, vit. B6, sodium fluoride, vit. A, β -carotene, folic acid, chromium chloride, sodium molybdate, sodium selenite, biotin, vit. K1, potassium iodide, vit. D3, vit. B12.

For Allergens see ingredients underlined



Additional information

Patient name:

Bottles per day:

Dietitian:

Contact No: