

# Fresubin® Protein Energy DRINK

Available in six delicious flavours  
in 200 ml EasyBottle



## Nutritional Information

Average content		100 ml	bottle = 200 ml
<b>Energy value</b>		630	1260
	kJ (kcal)	(150)	(300)
<b>Fat</b>	g	6.7	13.4
of which SFA*	g	0.6	1.2
of which MUFA**	g	4.9	9.8
of which PUFA***	g	1.2	2.4
<b>Carbohydrate</b>	g	12.4/12.1 <sup>b</sup>	24.8/24.2 <sup>b</sup>
of which sugars	g	6.5 <sup>d1</sup> /6.9 <sup>c</sup> /7.1 <sup>d2</sup> /7.4 <sup>b</sup>	13 <sup>a1</sup> /13.8 <sup>c</sup> /14.2 <sup>d2</sup> /14.8 <sup>b</sup>
of which lactose	g	≤ 0.4	≤ 0.8
<b>Fibre</b>	g	0/0.5 <sup>a</sup>	0/1.0 <sup>a</sup>
<b>Protein</b>	g	10.0	20.0
<b>Salt (Na x 2.5)</b>	g	0.13/0.15 <sup>b</sup>	0.26/0.30 <sup>b</sup>
<b>Water</b>	ml	79	158
<b>Osmolarity</b>	mosmol/l	380/390 <sup>b</sup>	
<b>Minerals and trace elements</b>			
Sodium	mg	50/60 <sup>b</sup>	100/120 <sup>b</sup>
Chloride	mg	73/58 <sup>b</sup>	146/116 <sup>b</sup>
Potassium	mg	130/135 <sup>b</sup>	260/270 <sup>b</sup>
Calcium	mg	205	410
Phosphorus	mg	120	240
Magnesium	mg	28/18 <sup>a</sup>	56/36 <sup>b</sup>
Iron	mg	2.5	5.0
Zinc	mg	2.0	4.0
Copper	µg	375	750
Iodine	µg	37.5	75.0
Selenium	µg	13.5	27
Manganese	mg	0.5	1.0
Chromium	µg	12.5	25.0
Molybdenum	µg	18.8	37.6
Fluoride	mg	0.25	0.5
<b>Vitamins and other<sup>a</sup> substances</b>			
Vitamin A	µg RE <sup>o</sup>	213	426
of which β-Carotene	µg RE <sup>o</sup>	63	126
Vitamin D <sub>3</sub>	µg	2.5	5.0
Vitamin E	mg α-TE <sup>oo</sup>	3.75	7.5
Vitamin K <sub>1</sub>	µg	21	42
Vitamin C	mg	18.8	37.6
Thiamin (vitamin B <sub>1</sub> )	mg	0.3	0.6
Riboflavin (vitamin B <sub>2</sub> )	mg	0.4	0.8
Vitamin B <sub>6</sub>	mg	0.43	0.86
Niacin	mg/mg NE <sup>ooo</sup>	1.5/3.18	3.0/6.36
Folic Acid	µg	62.5	125.0
Vitamin B <sub>12</sub>	µg	0.75	1.5
Pantothenic Acid	mg	1.5	3.0
Biotin	µg	9.4	18.8
Caffeine <sup>a</sup>	mg	0.65 <sup>a</sup>	1.3 <sup>a</sup>
<b>Caloric distribution (energy%)</b>			
Fat 40, carbohydrate 33/32.3 <sup>b</sup> , fibre 0/0.7 <sup>a</sup> , protein 27			
a = Flavour Cappuccino, b = Flavour Chocolate, c = Flavour Nut, d = Flavour Tropical Fruits, e = Flavour Vanilla, f = Flavour Wild Strawberry			
*saturated fatty acids (SFA), **monounsaturated fatty acids(MUFA), ***polyunsaturated fatty acids (PUFA)			
<sup>o</sup> retinol equivalents (RE), <sup>oo</sup> alpha-tocopherol equivalents (α-TE), <sup>ooo</sup> niacin equivalents (NE)			

## General Information

### Food for special medical purposes:

Nutritionally complete, high caloric (1.5 kcal/ml), high protein (27 energy%) oral nutritional supplement, fibre free<sup>o</sup>. Clinically free from lactose, gluten free. Contains traces of caffeine (0.65 mg/100 ml)<sup>oo</sup>. For the dietary management of patients with or at risk of disease-related malnutrition in particular for patients with increased energy and protein needs or fluid restrictions.

### Dosage:

To be determined by a health care professional according to patients' needs. Recommendation for supplementary nutrition 2-3 bottles (600-900 kcal)/day or complete nutrition 4-5 bottles (1200-1500 kcal)/day.

### Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. If used for complete nutrition consider high protein level. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid and electrolyte intake.

### Instruction for use:

Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours. Shake well before use. Drink slowly! Best served chilled. Packaged in a protective atmosphere.

<sup>o</sup>Chocolate variety: Contains traces of fibre from cocoa. <sup>oo</sup>Only for Cappuccino variety.

## Ingredients

**Fresubin Protein Energy DRINK, flavour Cappuccino:** Water, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), maltodextrin, sucrose, flavourings, potassium citrate, emulsifiers (E 471, [soya lecithins](#)).

**Fresubin Protein Energy DRINK, flavour Nut:** Water, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, maltodextrin, potassium citrate, emulsifiers (E 471, [soya lecithins](#)), flavouring.

**Fresubin Protein Energy DRINK, flavour Tropical Fruits:** Water, [milk protein](#), sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, potassium citrate, flavouring, emulsifiers (E 471, [soya lecithins](#)).

**Fresubin Protein Energy DRINK, flavour Vanilla:** Water, [milk protein](#), sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, potassium citrate, flavouring, emulsifiers (E 471, [soya lecithins](#)).

**Flavour Cappuccino, Nut, Tropical Fruits and Vanilla contain:** Sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, manganese chloride, vit. E, pantothenic acid, niacin, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

**Fresubin Protein Energy DRINK, flavour Chocolate:** Water, [milk protein](#), sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, fat reduced cocoa powder, flavouring, emulsifiers (E 471, [soya lecithins](#)), potassium citrate, sodium chloride, vit. C, stabilisers (E 460, E 466, E 407), acidity regulator (E 524), iron pyrophosphate, zinc sulphate, vit. E, pantothenic acid, niacin, manganese chloride, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

**Fresubin Protein Energy DRINK, flavour Wild Strawberry:** Water, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), maltodextrin, sucrose, flavourings, potassium citrate, beetroot powder, emulsifiers (E 471, [soya lecithins](#)), sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, manganese chloride, vit. E, pantothenic acid, niacin, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

## Flavours

Cappuccino, Chocolate, Nut, Tropical Fruits, Vanilla, Wild Strawberry

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**FRESENIUS  
KABI**

caring for life

Fresenius Kabi Deutschland GmbH  
61346 Bad Homburg, Germany  
Phone: +49 (0) 61 72 / 686-0  
Enteral.nutrition@fresenius-kabi.com  
www.fresenius-kabi.com